

## Create a Class at Cats or at your School!



### CATS Sports Discounts

#### 1. Mothers of Twins Discount: 50% off the second child (twin)

**Fall & Spring Terms**  
FOR CATS BASICS, GAME CATS,  
Does not include Specific Sports, Tennis Classes,  
or Camps

#### 2. Mothers of Twins Discount: 25% off the second child (twin)

WINTER, MLK 1 Day, PRESIDENTS, &  
SPRING MINI CAMPS  
**SUMMER PROGRAMS:** Baby CATS, Kiddie CATS,  
Half & Full Day Camp Programs.  
Does not include Specific Sports or Tennis Classes  
Discount effective through Summer 2019

#### 1. Sibling Discount:

**20% off the lower cost class when enrolling a  
second child in the same Fall or term.**  
For CATS Basics & Game CATS Sports Development  
Does not include Specific Sports,  
Tennis Classes or Camps

Refer to Dance and/or SocRoc  
for their specific offerings.

**DISCOUNTS MAY NOT BE COMBINED**

### CATS OF 49th Street CAMP 10 Weeks of Summer

June 17, 2019 - August 23, 2019

**FLEXIBLE SCHEDULING**  
Sign up by the day-Minimum 10 days

Full Days (9-3): 4 - 7 years old  
Half Days(9-1): 3 - 3.11 years old

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**Afternoon Classes**  
Baby CATS / Kiddie CATS Compo

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**More Information COMING!**



#### DANCE WITH MY BABY

**Baby Wrap Dance**, for infant Newborns - 8  
months

**Exploratory Play & Dance**, for babies 9  
months - 18 months

**Beg. Toddler Dance** for toddlers 19 months  
- 24 months

**Int. Toddler Dance** for toddlers 25 month -  
30 months

### Wanna Party?

Sports-You name it!  
Your child will have a blast.  
Led by a qualified staff, events run  
smoothly allowing parents to relax.

Exclusive use of our  
air-conditioned state of the arts gym  
"The best party in town."



COMPANY AND SCHOOL

**Ms. Talara Ruth,**  
Director of Dance

Ballet, Jazz, Acro,  
Musical Theater, and  
Summer Dance Camp!

www.dancetruth.com  
www.catsny.com  
For Schedules



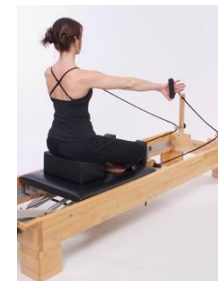
### Experience the Benefits of the STOTT PILATES METHOD

The Professional's Choice  
in Mind-Body Exercise

**CALL: Lauren Burns,**  
Certified Instructor

347 624 7671

**For Private/Group Equipment  
based sessions**



## Spring 2019

1/28/19 - 06/14/19



## I CAN DO IT!

Featured 2X in "NY Best Bets" "NY Times",  
"Tennis Magazine" and CBS National News.

"CATS curriculum sets  
you apart from the others"  
A Parent

**Turtle Bay CATS**  
235 East 49th Street  
New York, NY 10017

Phone: 212-832-1833 Fax: 212-832-1881

[www.catsny.com](http://www.catsny.com) [catsturtlebay@gmail.com](mailto:catsturtlebay@gmail.com)

Long Island CATS  
188 Maple Avenue  
RVC, NY 11570  
Phone: 516-763-1299 Fax: 516-255-0051

# Spring term: 1/28/19 -6/14/19

Age as of 2/1/19	M	T	W	TH	F	S	S	
<b>CATS BASICS</b> Ages 1 - 3.11 Years—21 wks.								
Baby CATS 1 1-1.5			Toddler DAY PROGRAM Call Geri If you are Interested	9:30-10:15			P A R T I E S	
Baby CATS 2 1.6-1.11	9:15 -10:00							
Kiddie CATS 1 2-2.5	10:00-10:45 12:30-1:15		10:15-11:00					
Kiddie CATS 2 2.6-2.11		9:30-10:15		10-10:50 Soccer Special Price See Geri		9:30-10:15		
Junior CATS 1 3 - 3.6					10:15-11:00 11:10-12:00			
Junior CATS 2 3.6 - 3.11		1:00-1:50		1:15-2:05		1:00-1:50		
<b>GAME CATS</b> Sports Development Pre-K- 6 Yrs.								
Pre K-K 4-6				2:00-2:50 3:10-4:00		1:00-1:50		
COST for T for Above Classes	<b>MON</b> 17wks: \$680	<b>TUES</b> 18wks: \$720	<b>WED</b> 18wks: \$720	<b>THUR</b> 18wks: \$720	<b>FRI</b> 17wks: \$680			

## BUTCH SEEWAGEN TENNIS ACADEMY

LITTLE SLAMMERS USTA Net Generation Tennis Ages 3 -4	SLAMMERS USTA Net Generation Tennis Ages 4-6	GRAND SLAMMERS USTA Net Generation Tennis Ages 6-8
<p>A <b>45-minute</b> class focusing on mastering basic motor skills through innovative fun, games, and drills using age appropriate rackets and balls.</p> <p style="text-align: center;"><b>4 to 1 ratio - 4 courts</b></p> <p>Times <b>M: 11:00, 1:30 M&amp;W: 2:30</b> <b>T: 11:15, 12:15, 2:30</b> <b>Th: 11:15, 1:00</b></p> <p>Cost: <b>Monday, 17 wks.: \$850</b> <b>Tu/Wed/Th 18 wks.: \$900</b></p>	<p>This <b>45 -minute</b> class will focus on developing technique while continuing to practice correct racket and movement skills.</p> <p style="text-align: center;"><b>4 to 1 ratio - 2 courts</b></p> <p>Times <b>M, T, or W: 3:30</b> <b>Monday, 17 wks.: \$1055</b> <b>Tues. or Wed, 18 wks.: \$1115</b></p> <hr/> <p style="text-align: center;"><b>Adult Tennis: 12:15 PM</b></p> <p style="text-align: center;">Monday, Tuesday, or Wednesday. 6 weeks</p>	<p>This <b>60-minute</b> class will emphasize movement skills and technical form to enhance rallying abilities. Appropriate competitive drills and games will be introduced.</p> <p style="text-align: center;"><b>4 to 1 ratio - 1 court</b></p> <p><b>M, T, W: 4:15</b></p> <p>Cost: <b>Monday, 17 wks.: \$1275</b> <b>Tues., 18 wks.: \$1350</b> <b>Wed., (4-5 yr) 18 wks.: \$1350</b> (Wed. is a specially arranged class)</p>

In 1984, the Children's Athletic Training School, CATS became America's first and most comprehensive sports program promoting health, fitness and skill development for children. OUR MISSION IS TO DEVELOP PHYSICAL COMPETENCE IN EVERY CHILD. When children are successful they enjoy themselves. We create an environment built on success. **Fun, Confidence, Physical Competence and Self Esteem are products of this foundation.** OUR GOAL IS TO FOSTER A LIFELONG LOVE OF PHYSICAL ACTIVITY WHICH IS ESSENTIAL IN SPORTS AND CRITICAL TO THE HEALTHY DEVELOPMENT OF WELL ROUNDED INDIVIDUALS.

### CATS Basics - 1 - 3.11 year olds



**BABY CATS** (1-year olds)  
**KIDDIE CATS** (2-year olds)  
Parents/Caregivers are included in each 45-min. class. Songs, exercises and colorful, age appropriate equipment help children discover their athletic potential. Child directed play & teacher guided activities further develop each child's physical competence



**JUNIOR CATS** (3-year olds)  
A transitional 50 min. class in which children are separated from parents/caregivers. Skill sets for all sports lay the foundation for future success.



### Game CATS 4 - 6-year olds Sport Development



Playing varied sports cross-trains children into well rounded physically competent athletes. This program focuses on major sports skill sets. Emphasis is on game time with skill development, stretching, strengthening, and movement drills. Rules and low-level competition are introduced teaching children discipline, team work and sportsmanship.

### BUTCH SEEWAGEN TENNIS ACADEMY

USTA 10 & Under Initiative (Net Generation) Ages: 3 - 8



Butch Seewagen, former National Amateur Champion, Touring Pro and Varsity Tennis Coach for Columbia University, creator and owner of CATS now brings us the Butch Seewagen Tennis Academy an official site for the USTA Net Generation 10 & Under Initiative.



USTA Net Generation Tennis is for parents who want their child to not only learn tennis the correct way, but to love it! Employing age appropriate equipment and court size, the program is scaled to the youngster's abilities. These modifications enable youngsters to gain confidence and develop better playing skills.

### IMPORTANT DATES

<b>Classes</b>	<b>Begin</b>	Mon., Jan. 28th
Make up classes	Begin	Mon., 2/4/19
Closed Pres. Day		Mon., 2/18/19

President's Week Break 2019 2/19/19 - 2/22/19  
**NO CATS CLASSES**

Closed Good Friday Fri., 4/19/19

Spring Break 2019 4/22/19 - 4/26/19  
**NO CATS CLASSES**

Closed Memorial Day Mon., 5/27/19

**CATS Awards/Parents Week**  
**Held on: Monday - Friday 6/10 - 6/14/19**  
**No makeups during Awards Week**  
Last Day of the Spring CATS' Classes: 6/14/19

**CATS IS OPEN WHEN  
SCHOOL IS CLOSED**  
Ages: 3 to 7 Time: 9am to 1pm

1. **President's Week Break 2019**

Tuesday -Friday  
2/19/19 - 2/22/19

2. **Spring Break 2019**

Monday - Friday  
4/22/19 - 4/26/19

3. **Winter Break 2019**

To be arranged

4. **Martin Luther King Jr. Day Camp 2020**

To be arranged

Sports, games, music & movement, crafts, & more!  
Come One Day or Every day!

Multiple day discount\* (\*Offered when you initially  
sign up for two or more days)

Mini Camps & Holidays noted on:

catsny.com ~ facebook.com/catsny ~ @catstennis