

August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		FIRST PRACTICE 5AM-7AM	PRACTICE 5AM-7AM	PRACTICE 5AM-7AM	PRACTICE 5AM-7AM	
6	7 FIRST DAY OF SCHOOL VARSITY 5:15AM-7AM FRESHMAN OFF	8 VARSITY PRACTICE 5:15AM-7AM FRESHMAN 2:45-4:45	9 VARSITY PRACTICE 5:15AM-7AM FRESHMAN 2:45-4:45	10 VARSITY PRACTICE 5:15AM-7AM FRESHMAN 2:45-4:45	11 VARSITY PRACTICE 5:15AM-7AM FRESHMAN 2:45-4:45	12 VARSITY PRACTICE 5:15AM-7:15AM FRESHMAN 7:45AM-9:30AM
13	14 VARSITY PRACTICE 5AM-7 AM FRESHMAN 2:45-4:45	15 VARSITY PRACTICE 5AM-7 AM FRESHMAN 2:45-4:46	16 VARSITY PRACTICE 5AM-7 AM FRESHMAN 2:45-4:47	17	18 VARSITY PRACTICE 5AM-7 AM FRESHMAN 2:45-4:49	19
20	21 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	22 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	23 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	24	25 Game 1	26 OFF DAY
27	28 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	29 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	30 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	31 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	1 GAME DAY 2: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	2
3	4 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4:45	Notes				

September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	29 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	30 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	31 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	1 GAME DAY 2: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	2
3	4 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	5 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	6 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	7 LAS VEGAS TRAVEL	8 GAME DAY 3: IN LAS VEGAS	9 RETURN HOME FROM LAS VEGAS
10	11 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	12 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	13 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	14 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	15 GAME DAY: 4 VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	16
17	18 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	19 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	20 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	21 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN	22 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	23
24	25 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	26 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	27 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	28 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	29 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	30
1	2	Notes				

October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	3 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	4 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	5 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	6 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	7
8	9	10	11	12	13	14
BYE WEEK						
15	16 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	17 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	18 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	19 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER	20 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	21
22	23 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	24 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	25 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	26 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	27 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	28
29	30	31	1	2	3	4
5	6	Notes				

November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	31 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	1 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	2 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	3 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	4
5	6 GAME WEEK: VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	7 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	8 VARSITY PRACTICE 5:15AM-7:15 AM FRESHMAN 2:45-4: 45	9 VARSITY PRACTICE 7PM WALKTHROUGH FRESHMAN PRACTICE AFTER SCHOOL 2:45-4:45	10 GAME DAY: VARSITY PLAYERS AT SCHOOL FOR FIRST PERIOD	11
12	13	14	15	16	17 Playoff	18
19	20	21	22	23	24 Playoff	25
26	27	28	29	30	1	2
3	4	Notes				

December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 Playoff	2
3	4	5	6	7	8 State Championship ASU	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	Notes				