

Ashleigh Shannon



Ashleigh Shannon was born and raised in East Windsor, New Jersey and has been on the board since June 2019. Ashleigh currently works at Dale Carnegie Training in Hamilton, NJ as a Marketing and Sales Support Specialist. She also is a coach for youth cheerleading with the Hightstown Rams Pop Warner organization.

Ashleigh has watched many loved ones suffer from mental illness and addiction and wants to break the stigma that they carry. She believes in providing local resources for children and adults that suffer from a mental illness while also providing education and awareness to the topic. At a young age Ashleigh had a close friend suffer from depression and she felt helpless because of the lack of education provided to her. She hopes to educate kids and teenagers on the topic of mental illness and addiction and strives to bring various programs throughout the community for people that feel alone.

Ashleigh is excited for the growth and future of iCare.