

**For parents/caregivers** who are concerned about their child's mental health and well-being and want to connect with others to share experiences & resources.

Third Thursday of each month

7:30-9:00

Location: First Baptist Church of Hightstown  
125 Main St, Hightstown, NJ



# THE PARENT SUPPORT NETWORK™

*Parents Helping Parents*

A program of The Youth Mental Health Project™

[ymhproject.org](http://ymhproject.org)

*Sponsored in Central NJ by NAMI Mercer*

[namimercer.org](http://namimercer.org)

*For more information or to register:*

[www.namimercer.org](http://www.namimercer.org)

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