

East Windsor-Hightstown Outreach Initiative



JFCS is proud to now be providing supportive services to the East Windsor & Hightstown communities. On-site programs will include:

- Mindfulness Group for youth (6 - 9 years old)
- Drop-In Group for Teens (13 - 18 years old)
- Mental Health & Substance Abuse Stabilization Services
- Crisis Case Management
- On-going Support
- Information & Referral

Supporting Partners:



HELP for those facing challenges at school or at home

HEALING to move forward from difficult times

HOPE for a community

Are you dealing with challenges within your family?

Are you having trouble in school due to social or academic pressures?

Is stress or anxiety or depression impacting your daily life?

Are you experiencing an abusive environment?

Do you need a safe space to talk?

YOU ARE NOT ALONE.

133 Main Street, Hightstown, NJ | Monday-Thursday 2:00 - 7:00 PM
Call 609-987-8100 for more info and to make an appointment.

