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Information Prior to EXION Microneedling Treatment:

Thanks for choosing EXION for your treatment! We want to make sure you know all about your treatment and what to expect. Take a look at the info below and feel free to ask your provider if you have any questions or concerns.

Your Treatment Plan and Session Frequency:

- EXION comprises a sequence of procedures designed to improve the overall skin elasticity and fullness. Typically, 3 treatments spread 3-6 weeks apart are necessary. This treatment entails little to no downtime.
- Full results typically manifest within 12 weeks after your last treatment, but you will start noticing initial improvement after 4 weeks.
- For maintenance, it's advisable to schedule 1 treatment every 3 months after 6-8 months.

**Preparation Guidelines for Your EXION Sessions:**

- Arrive for your appointment with a makeup-free, cleansed face. Cleansers can be provided if necessary.
- Adequate hydration significantly influences optimal results; consider increasing water intake 2-3 days before your procedure.
- Please notify us if you have any metal implants around or in the treatment area (including non-removable facial piercings) or any pacemakers, as this may impact eligibility for EXION.
- In cases of substantial hair presence in the treatment zone, we might request shaving prior to the session.
- Inform us about any active skin conditions (e.g., cystic acne, eczema, recent sunburn) beforehand.
- A waiting period of 2 weeks after recent neuromodulator treatments (Botox, Dysport, Daxxify) is advised before EXION treatment.
- Disclosure of any threads or permanent filler present is appreciated.
- Confidential photos of the treatment area will be taken, respecting your privacy and requiring consent before any sharing.

**Anticipated Experience During the Treatment:**

The EXION Fractional RF treatment may cause a warm and slightly prickly sensation throughout the treated area. While some individuals may require numbing beforehand, most people experience minimal discomfort during the treatment.

**Post-Treatment Expectations:**

Recovery time is typically minimal, allowing most patients to resume their daily activities immediately post-procedure. Apply the skin care recommended by your provider for maximum results.

Our objective is to ensure your utmost comfort and comprehensive understanding before, during, and after treatment. Nonetheless, predicting individual response times or outcomes precisely isn't feasible, as everyone's reaction varies. Achieving your final objective may necessitate additional treatments or services.

Feel free to reach out to us at any time should queries or concerns arise.

**Require assistance after hours? Please email us, as we diligently monitor to ensure continuous patient support.  
818.592.6005 | [westhillsderm@yahoo.com](mailto:westhillsderm@yahoo.com)**