

VMD Vision and Structure

One of the strengths of Valiant Man Discipleship is men connecting with other men to encourage one another.

Each week, the sessions will begin with a formal 45-minute teaching period followed by 45 minutes for men to gather in smaller groups to discuss how it applies to their everyday life and offer mutual Support.

That's important. And the impact can be felt not only in our lives, but also in our families, in the community, and in the churches.

Through insight and Biblical wisdom, each session will address common problems men face and how together, with God's help - we can overcome them.

Fathers, we encourage you to bring your teenage sons and work the course together. Then apply the tools you'll learn in your own homes.

**A typical session is
marked by:**

- Refreshments
- Welcome and Warm-up
- Teaching Session
- Small Group discussion

**This is the first time.
Valiant Man Discipleship.
Is using.**

Bondage to Freedom

Bondage to freedom is written by Gospel Express Ministries which is based out of North Carolina. It's about Identifying rejection and unforgiveness.

This seminar deals with past hurts by choosing to forgive, which leads to freedom through Jesus Christ

Recommended for 15 and older

Valiant Man Discipleship Presents



***Beginning January 11-
March 1 2025***

Living Hope Mennonite Church

1827 Underwood Ave
Charles City IA 50616

Saturday 7:00 AM

www.valiantmandiscipleship.com

Our Goals

This is the third year of **Valiant Man Discipleship**.

In this life, we all make mistakes, life can get confusing, and God may seem far away from us. It's in these times that we need the support of a friend who will stand by us, keep us accountable, and give us encouragement. The mission is to encourage young men, and to create a safe place to journey together with other brothers.

We can never discount the power of God in a soul that walks close with Him and is open to His will. The vision at Valiant Man Discipleship is to see each participant living a Holy Spirit directed life. As we move through this course together, it is our prayer that each of us would be able to move forward to attain a life without regret, and closer walk with God. A life of purpose is truly a life of joy.

Small Group Time

At the end of each 45 min. teaching session, all registrants will be dismissed to a dedicated small group where you'll have the opportunity to share your own story in a confidential setting and give and receive support as the group works through varying discussions related to the earlier teaching.

You'll have the option to sign up for these small groups at the sign-in table. Each registrant will get a name tag with their group number. We ask that small group members commit to attending most of the evenings for the integrity of their group.

Church leaders – It is our desire and goal to work with the local churches, to be a healthy resource for your men, and to support you as you shepherd the churches of God.

For His purpose and Glory,

The Valiant Man Discipleship Committee

Sessions

1. Intro to VMD and Your Purpose

Introduction to the course, And a focus on your purpose in this life

2. your Identity and Your Future

Who you are and God's plan for you.

3. Broken Relationships and Broken links

What happens when relationships are broken and there are missing links in life.

4. Bondage Begins and Wound of Rejection

How bondage controls us and a look at the effects of rejections

5. Pain of Bitterness and Fruit of Rejection

What bitterness and rejection does to us

6. Established by God and Getting to Forgiveness

The importance of forgiveness

7. Walking in Freedom and Fruit of Forgiveness

8. Topic and Testimony

To be decided

- Email: valiantmandiscipleship@gmail.com
- Website: www.valiantmandiscipleship.com

- Please consider this to be your personal invitation to be part of Valiant Man Discipleship 2025. The program is open for all Christian brothers.
- Registration is \$30 includes books.
- Study-guides are also available at the sign-up table
 - Missed the beginning?
 - Join us in progress!
- You are welcome to come and register at the check-in table at our first two scheduled mornings. Small group signups will close after the second morning.
- This year you will get to choose which small group you want to be a part of, after the second morning you can no longer switch groups.
- **Valiant Man Discipleship Committee:**
 - David Eugene Zimmerman (641)-330-2362
 - Jolan Fox (641)-220-6327
 - Gerald Shirk (641)-330-0133
 - David Zimmerman (641)-229-7639
 - Eldon Zimmerman (641)-330-3229

