



Greetings from CTA Wellness!

July 2022

Dear Fellow Alumni of the Children's Theatre,

What is CTA Wellness?

CTA Wellness (Children's Theatre Alumni Wellness Fund) is a non-profit organization founded by several alumni involved in the 2015 lawsuits filed against the Children's Theatre. It was established independently of the theater for the purpose of supporting the wellbeing of our alumni who were harmed or impacted in any way as children during the 60s, 70s and 80s.

The fund's mission is to connect alumni with therapeutic support services, to help find providers and to pay directly for needed services. CTA Wellness is run by a Board of Directors made up of former students, with an advisory committee of other alumni and mental health professionals. **The Children's Theatre has no connection to the fund** other than their initial financial contribution, which was provided through the settlement process.

Below you can find testimonials and essential information about the fund, or you can visit the website for complete background and more details at CTAWellness.org.

Applying for the Fund:

If you are interested in applying for the Fund, please know that **none of your information will be shared** with CTA Wellness, former students, or anyone at the Children's Theatre, and your information and conversation will be completely confidential. Because of our **commitment to confidentiality**, we have partnered with

mental health professionals to provide application assistance for the fund. These professionals have engaged in training around the complex history of what happened at Children's Theatre.

You can start the application process for the fund in two ways:

- Phone— You can leave a voicemail message and will receive a call back within 72 hours. Please call 612-416-3354.
(If you are calling from out of the country or dialing causes extra charges for you, please call 833-239-2336)
- Internet — If you would like to begin the application process in written form, there is a confidential application portal on the CTA Wellness website. You can connect with the Application Consultants [here](#)

]Please, pass this information along to other alumni.

Warmest Regards,
CTA Wellness Board of Directors and Advisory Committee

Testimonials:

"... creating this fund reached across many years—a lifetime— and across many miles to heal a place inside me that I didn't know was still vulnerable, still hurt. It means a great deal."

Anonymous

"This fund has benefited my life at a time when the thought of financial resources for therapy was not a tangible consideration for me. I have found the support of a good therapist, who would have needed to stop seeing me if the fund hadn't been there to help. My daughter and I have been given the blessing of family therapy and it is amazing to know somebody's "got my back," even when it comes to receiving nourishing therapeutic massage! I know this fund was a channel for receiving a gift from God."

Anonymous

"As I have accessed the CTA wellness fund for yoga and karate classes, chiropractic and massage therapy, I've been realizing how grateful I am to be cared for from afar,

anonymously, by the humans that have found it in their hearts and pocketbooks to send this love and healing energy out to us grown up adolescents who were so wronged so long ago by an organization that we all loved or still love. Thank you. It's like feeling the killer brought to justice all these years later but without having to go through the trauma of forcing it all to unfold in court.

Yup, right, you get it: we who served our non-profit joyfully, yet were not cared for appropriately have moved on, forgiven even, and created productive lives of our own, and yet, we wonder, would I have stumbled quite so many times in love, in work, in life, if I hadn't been abused, witnessed abuse, neglect, coverups, etc. We will never know. But we do know that some humans out there recognize the fault, and have taken steps to right the karmic debt in this lifetime, of the organization some still value. Thank you for supporting the care of my spirit through the financial support of the wellness of my mind and body. Blessings on your path, on your good deed, and on your lives."

Anonymous