



Deutscher Club of Clark Inc.

787 FEATHERBED LANE • CLARK, NEW JERSEY 07066

732-574-8600 • FAX: 732-382-4177 • EMAIL: correspondence@deutscherclub.us

WEB: deutscherclub.us



VEREINSNACHRICHTEN / CLUB NEWS – FEBRUAR / FEBRUARY 2026

PRESIDENT'S MESSAGE

Dear Members, January was an active month around our Club, beginning on the 9th, with our East German dinner night. We had a full house, and everyone enjoyed Chef Ewald's curated menu. A special thanks to Steve Hicks for the decorations and Jutta Knez for displaying some items from her collection. On the 11th, our Club was packed for our General Meeting and elections. On behalf of the entire Vorstand we welcome Brian Daly back to the board as 1st Vice President, and Brian Mecca as our newest Trustee. We also give a huge thanks to Annette Glorius for more than 10 years of service, and Eric Zabel for 14 years of service. We cannot thank you enough for all the time and dedication you have given our Club. We celebrated the new board at our Neuer Vorstandstanz on the 17th, with our friends the Adlers, and on the 18th we held my personal favorite afternoon of the year, our annual Grünkohl und Pinkelwurst dinner. A big thanks to Chef Uwe and his crew for all the work they did preparing this very traditional North German delicacy. On the 24th we enjoyed a very entertaining Magic Comedy Night with Ben Young. Our annual Chili Cook-off scheduled for the 25th was moved to March 29th due to impending weather, that forced the Club to close. Be sure to check out the March newsletter to see who won 1st prize, and who won the last place Monopoly board! We have a lot in store for you in February, so please check the calendar, weekly emails and social media for information. For our members who are smokers, please refrain from smoking within 25 feet of entrances, and utilize areas in the driveway, under the pavilion, or behind the Club. Thanks for your understanding and courtesy to your fellow members. As always, thanks to all of you who support our Club, without you, we wouldn't be the Club that we are. See you at the Club!

Liebe Mitglieder, der Januar war ein ereignisreicher Monat in unserem Club. Am 9. Januar starteten wir mit einem Ostdeutschen Laenderessen. Wir hatten ein volles Haus und alle Gäste genossen das von Chefkoch Ewald zusammengestellte Menü. Ein besonderer Dank geht an Steve Hicks für die Dekorationen und an Jutta Knez für die Präsentation einiger Stücke aus ihrer persönlichen Sammlung. Am 11. Januar war unser Clubhaus, anlässlich der Mitgliederversammlung und der Wahlen, ebenfalls gut besucht. Im Namen des gesamten Vorstands heißen wir Brian Daly als 1. Vizepräsidenten und Brian Mecca als neues Vorstandsmitglied herzlich willkommen. Wir danken Annette Glorius ganz herzlich für ihre über 10 Jahre und Eric Zabel für seine 14 Jahre engagierte Mitarbeit. Wir können Euch nicht genug für all die Zeit und das Engagement danken die Ihr unserem Club gewidmet habt. Am 17. Januar ehrten wir den neuen Vorstand mit dem „Neuen Vorstandstanz“, dies zusammen mit unseren Freunden, den Adlers. Am 18. Januar fand mein persönlicher Lieblingsanlass des Jahres statt: unser jährliches Grünkohl- und Pinkelwurst-Essen. Ein großes Dankeschön an Chefkoch Uwe und seinem Team für die Zubereitung dieser traditionellen norddeutschen Spezialität. Am 24. Januar erlebten wir einen unterhaltsamen Zauber-Comedy-Abend mit Ben Young. Unser jährlicher Chili-Kochwettbewerb, der für den 25. geplant war, wurde aufgrund des bevorstehenden schlechten Wetters, das die Schließung des Clubs erforderlich machte, auf den 29. März verschoben. Im Februar haben wir vieles für Sie geplant; bitte lesen Sie im Kalender, oder in den wöchentlichen E-Mails und in den sozialen Medien über die Veranstaltungen. Wir bitten unsere Raucher Mitglieder in einem Umkreis von 7,5 Meter bei den Eingängen nicht zu rauchen und stattdessen die Bereiche in der Einfahrt, unter dem Pavillon oder hinter dem Clubhaus zu nutzen. Vielen Dank für Euer Verständnis und Eure Rücksichtnahme auf die anderen Mitglieder. Wie immer danken wir allen die unseren Club unterstützen. Ohne Euch wäre der Club nicht so aktiv und erfolgreich. Wir sehen uns im Club!

Mit freundlichen Grüßen, Keith Rhyner

E-Mail: president@deutscherclub.us

The Deutscher Club provides the following e-mails for your convenience:

president@deutscherclub.us • Messages to President, Keith Rhyner

events@deutscherclub.us • Inquiries: Open events/bands/Club events, Eric Zabel/Robert Dries, 1st & 2nd VP

manager@deutscherclub.us • Booking parties or meetings • Ewald Hollinger, Manager

correspondence@deutscherclub.us • General Correspondence

membership@deutscherclub.us • Inquiries: Membership, Dues • Elyn Perez, Membership Secretary,

scholarship@deutscherclub.us • Inquiries: Scholarship - Sigrid Pagano, Chairperson

trustees@deutscherclub.us • Contact Trustees

webmaster@deutscherclub.us • Website Concerns

PROGRAMM FÜR FEBRUAR / FEBRUARY PROGRAM 2026

SUBJECT TO CHANGE. PLEASE CHECK OUR WEBSITE AND EMAILS FOR UPDATES

Sun 01	Die Wandergruppe / The Hikers • Atlantic Highlands • Details on Page 6	10:00 AM
Sun 01	Frühschoppen	11:00 AM – 8:00 PM
Sun 01	Bayern Verein General Meeting • Main Dining Room	12:00 – 6:00 PM
Wed 04	Bar	3:00 – 11:00 PM
Thu 05	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Thu 05	Entertainment Committee • Bring your Imagination	7:00 PM
Thu 05	Ballroom Dance Class • The Tango	7:00 PM
Fri 06	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Sat 07	Dinner • Special Pub Menu • Menu on the DC Website	5:00 – 7:00 PM
Sat 07	Trivia Night • Muster your Teams of Eight! • Details on Page 6	7:00 PM
Sun 08	Frühschoppen	11:00 AM – 8:00 PM
Sun 08	Big Game LX Party • Potluck • Details on Page 6	4:00 PM
Wed 11	Bar	3:00 – 11:00 PM
Wed 11	Monthly Membership Meeting • Attend & Be Heard	7:00 PM
Thu 12	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Thu 12	Ballroom Dance Class • The Tango	7:00 PM
Fri 13	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Fri 13	Texas Hold'em • In the Ratskeller	6:30 PM
Fri 13	History Committee • Come join us!	6:30 PM
Sat 14	Valentine's Day Dinner • Music by Glenn Roberts • Details on Page 7	6:00 – 10:00 PM
Sun 15	Frühschoppen	Cancelled
Sun 15	Fasching / Mardi Gras Tanzcafé • Music by Bernie's Orchestra • Details on Page 7	1:11 – 5:11 PM
Wed 18	Bar	3:00 – 11:00 PM
Thu 19	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Thu 19	Railroaders Dinner & Video • All Members are Welcome!	6:30 PM
Fri 20	Austro-Swiss Dinner Series • Wien/Vienna • Menu on the DC Website	5:30 – 8:00 PM
Sat 21	Elvis Night • Entertainment by Jim Barone • Details on Page 7	6:00 – 10:00
Sun 22	Frühschoppen	11:00 AM – 8:00 PM
Sun 22	DC Ladies Division Meeting • Bingo in the Main Dining Room	2:00 PM
Wed 25	Bar	3:00 – 11:00 PM
Thu 26	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Fri 27	Dinner • Menu on the DC Website	5:30 – 8:00 PM
Fri 27	Deutscher Stammtisch	7:30 PM
Sat 28	Polish Night • Music by Robbie Lawrence	6:00 – 10:00 PM

Vorschau März / Preview March 2026

SUBJECT TO CHANGE. PLEASE CHECK OUR WEBSITE & EMAILS FOR UPDATES

Sun 01	Die Wandergruppe / The Hikers • Location TBD	Sun 15	DC Ladies Division Meeting • In the Main Dining Room
Sun 01	Frühschoppen	Thu 19	Railroaders Dinner & A Video • All DC Members Welcome!
Thu 05	Entertainment Committee Meeting • Bring your imagination	Fri 20	Deutscher Stammtisch
Fri 06	Austro-Swiss Dinner Series • Region TBD	Sat 21	St. Patrick's Day Dinner • Music by Dan O'Dea & Eagle Ridge (w/Nick Conte)
Sat 07	Bayern Verein 96th Anniversary Gala • Music by Bernie's Orchestra	Sun 22	Frühschoppen
Sat 07	Ratskeller • Open for dinner w/a limited menu	Sat 28	DC Blood Drive • Give Blood and Save a Life!
Sun 08	Frühschoppen	Sat 28	Bayern Abend / Bavarian Night • Music by Bernie's Orchestra
Wed 11	Monthly Membership Meeting • Attend & Be Heard	Sun 29	Chili Cook-off • Judge or be Judged & Have some Fun!
Fri 13	History Committee Meeting		
Sat 14	Wine Tasting - Four Wines/Four Courses		
Sun 15	Frühschoppen		

* indicates event is open to the public

LOOKING FOR THAT SPECIAL GIFT?

Think DC Gift Card - Dinner for Two

Cards are available for purchase at the Bar.



KLUBNACHRICHTEN • CLUB NEWS

Our thoughts and prayers for strength and recuperation go out to our members, **Barbara Oberding, Martha Kepes, and Ed Orr.**

We mourn the passing of our member, **Wayne Foster**, and former member, **Richard Horling**, and extend our heartfelt sympathy to their families.

We extend our deepest condolences to the family of Ann Marie Geoghegan, sister and sister-in-law to our members **Eileen and Mike Saake.**

In case of illness or death of a member, please email correspondence@deutscherclub.us

IN THE NEWS

CONGRATULATIONS TO THE NEW 2026 VORSTAND



(Photo L-R) Eric Zabel, (2025 1st Vice President); Glenn Miklencic, Financial Secretary, Brian Mecca, new Trustee; Mike Clark, Trustee; Mariann Brenner, Trustee; Michelle Kasperski, Recording Secretary; Bob Dries, 2nd Vice President; Keith Rhyner, President; Brian Daly, 1st Vice President; Arlene Dascoli, Treasurer; Elyn Perez, Membership Secretary; Karla Schwedt, Trustee; Kirsten Zellner, Trustee; Birgit Maier, Corresponding Secretary; Annette Glorius (2025 Trustee); Ken Vogt, Trustee Chair.

WILLKOMMEN OLDENBURG!



We welcomed our friends from Oldenburg, Germany again on Sunday, January 18th at the Annual Grünkohl und Pinkelwurst Dinner. Every year, they plan their trip to the USA built around this Deutscher Club event, where the crowning of their next Kale King and Queen takes place ("same procedure as every year, James"). The visit is then sealed with the Ammerländer Löffeltrunk, where a traditional toast is spoken before enjoying a shot of regional Schnaps from a pewter spoon.

MEET YOUR NEWEST VORSTAND OFFICER TRUSTEE – BRIAN MECCA

My wife Sue and I have been members of the Deutscher Club since July of 2020. Sue was volunteering at the Thrift Store with Carol Marquardt, who was telling her about the club late in 2019. She said it sounded like an excellent group of people, and it was a lot of fun; she was right! I have spent the last 45 years of my life working in IT. My last position was VP-IT Infrastructure for Taylored Services, a 3PL in Edison NJ before I retired in May of 2024. I also spent 40 years as a volunteer firefighter with the Scotch Plains Fire Department, where I had the pleasure of serving with my brother Mark and my son Charlie. We have 3 sons, Anthony, Charlie, and Doug, one granddaughter and another one on the way. I lead the Wandergruppe, and love to volunteer at the grills for public events, especially the Bratwurst grill, or the hamburgers & hot dogs. We both have German heritage: Sue's family name is Mohn, my mother's family name is Kleinert, and my grandmother's family name is Heinz. They were Germans from Austria. We have two Toy Australian Shepherds, Gigi and her daughter, Marley, who go on the monthly hikes, three cats, three kittens, and an Austrian draft pony, a Haflinger, named George. We are both lifelong residents of Scotch Plains and have attended events at the club for many years.



The great meals you enjoy at the Club are now available for catering your home party. Please stop by and see Ewald, our Manager, for a full list of options. Catering is available for pick-up on Thursdays through Sundays

PLEASE REMEMBER – WHEN IN THE CLUB ...



"SOMETHING TO THINK ABOUT"

(Author – Unknown)



Are you an active member,
The kind that would be missed,
Or are you just contented,
That your name is on the list?
Do you attend the meetings,
And mingle with the flock,
Or do you stay away from them
And criticize and knock?
Do you take an active part,
To help the work along,
Or are you satisfied to be the
Kind that "just belong?"
Do you ever think to lend a hand,

And help to make it tick,
Or leave the work to just a few,
And talk about the "clique?"
There's quite a program scheduled,
That I'm sure you've heard about,
And we'll appreciate it, if you, too,
Will come and help out.
So come to the meetings, often,
And help with hand and heart;
Don't be just a member,
But take an active part.
Think this over, Member,
You know right from wrong:
**ARE YOU AN ACTIVE MEMBER,
OR DO YOU JUST BELONG?**

This poem hangs in a simple frame behind the bar, to the left of the Ratskeller. It may be easy to overlook – but the message isn't.

Our club is run by volunteers. We need you to help make the Deutscher Club the best place ever. This is a way to meet life-long friends. We are more than a club. We are family! Willkommen!

* If you are not receiving the weekly Menu/Events Messages, please ensure we have your correct email address by sending it to events@deutscherclub.us. You can also send questions to correspondence@deutscherclub.us

THE SEARCH FOR MISS DEUTSCHER CLUB

The search has begun for the next Miss Deutscher Club!

The Miss DC Committee is now accepting applications (forms are on the website) for **Miss Deutscher Club 2026**. We are looking for a young woman between the ages of 16 - 25 who is interested in becoming actively involved in our community. Our new Miss Deutscher Club will attend various events at the club, support local charities and represent our organization at the Steuben Parade in New York City, as well as



other events. The interviews and crowning ceremony will take place during the Wald-fest (Father's Day Picnic) on Sunday, **June 21, 2026**, at the Deutscher Club of Clark. Applications are available on our website, www.deutscherclub.us (under Bulletins and Downloads). You may also contact Chrissy Daly, Chairperson, Miss Deutscher Club Committee via email at correspondence@deutscherclub.us for more information.

MAY WE TAKE YOUR ORDER? DEUTSCHER CLUB HAS TAKE-OUT!

Open to the Public!
Call in your order:
(732) 574-8600

Thursday, Friday,
Saturday • Orders are taken as of 4:15 PM
• Pick-up orders 4:45 – 7 PM • Check website at www.deutscherclub.us for the Menu



NOW HIRING: WAITERS & WAITRESSES

Become a member of the DC Service Team!
Interested in applying? Please call DC Manager, Ewald Hollinger at 732-574-8600.

PLANNING A SPECIAL EVENT AT HOME OR AWAY?



Consider the Deutscher Club of Clark for your venue and/or catering needs. Whether Spring, Summer, Fall, or Winter the clubhouse, pavilion and grounds will offer an inviting backdrop for your wedding, christening, communion, or company picnic. Allow our Manager, Chef Ewald to assist you in building the perfect menu for you and your guests. Make an appointment with Chef Ewald to discuss the details of your special day, by calling (732) 574-8600.

Entertaining guests in the comfort of your home or backyard, then allow Chef Ewald to do the cooking for you. You can browse our catering menu at www.deutscherclub.us/catering.

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MEMBERSHIP

It's time to pay **2026 membership dues!** Members can renew online, in person at the bar, or by mailing a check to the club to the attention of Membership Secretary.

Membership cards will be mailed unless you let me know otherwise. Please be sure to include any change of address information at the time you renew.

Dues rates for 2026 are as follows:

1. \$100.00 - Regular Member
2. \$75.00 - Senior Member (Must have reached 72 years of age AND been a member for 25 years)
3. \$180.00 - Couples
4. \$20.00 - Lifetime Member. Existing Lifetime Members are encouraged to pay a voluntary \$20.00 dues.
5. \$100.00 Initiation fee for new members.

Herzlichen Dank! Elyn Perez, Membership Secretary

90TH ANNIVERSARY MEMORABILIA

90th Anniversary Pins, Wine and Highball are still available for sale.

Pins are **\$10** and Glasses are **\$12** apiece. To purchase one, just see any Vorstand/Board member.



ENTERTAINMENT COMMITTEE

The Entertainment Committee will meet on **Thursday, February 5th, at 7:00 PM**, in the Ratskeller. Do you have an idea for an event you would like to have at your Club? Do you have suggestions for making events

better? Would you like a fun, easy way to earn your volunteer time for the Club? Join us! The **Decorating Sub-committee**, Alexandra Beinstein, Paula Mattis, and Ruth Sutton work hand-in-hand with us to "dress up" the Club for every special event. They meet, on the same day and time, with the Entertainment Committee to coordinate requirements for seasonal, holiday, and special events decorating. *—Robert Dries*

LADIES' DIVISION MEETING

Our next meeting will take place on **Sunday, February 22**, in the Main Dining Room at **2 PM**, where we will be enjoying "Bucks Bingo." The membership of the Ladies Division has grown beyond the capacity of the Ratskeller; therefore, we will be holding our monthly meetings in the Main Dining Room as of this month. Lady members of the Deutscher Club interested in joining the Ladies Division are welcome to visit one of our meetings to see what we are about.



P.S. We are looking for vendors for the Ladies Division Spring Craft Event on **Sunday, April 19, 2026, 11AM to 4PM**. Any vendors interested in participating can send their information to vendors@deutscherclub.us.

Mariann Brenner, President

THE SINGERS



SÄNGERCHOR NEWARK

It's Official! Saenger Chor Newark is 100 years old. We passed the milestone at the end of October. I'd like to say we are going strong

into the next century, but we need your help, the help of NEW members to do so. If you enjoy hearing the Saenger Chor sing at the Christkindl Markt and other occasions, we need new strong voices of Deutscher Club men to carry on. We meet to sing **every other Friday night at 8 PM** and would love to welcome you to listen and join in on singing both English and German songs of various genres including traditional favorites and fun drinking songs. If you enjoy singing in the shower or the privacy of your car, come and see how enjoyable it is to sing with a group of "Kameraden." **Please call either Peter Volk at 908-938-9019 or Glenn Fogarty at 732-259-8993 for more information.**

RHEINISCHER SÄNGERBUND

The **Rheinischer Saengerbund** is a Men's Chorus that has been in existence since 1847. They have a very rich history (to include singing at Abraham Lincoln's Funeral) and continue to enjoy their traditions today with their Musical Director, Johanna Teubner-Prussak, a talented and established musician and conductor. The chorus meets at the Deutscher Club **every Thursday at 8:00 PM**. Think you might be interested in becoming a member? Come on by!

DER SCHWÄBISCHER SÄNGERBUND NEWS

Like to sing? Like to meet new people? Like to have fun? How about joining the Schwabischer Sangerbund (SSB) Mixed Chorus. You do not need to know how to read music and no previous singing experience is necessary.

Our director is Greg Scime (Jazz am Freitag). We rehearse **every Wednesday at 7:30 PM** in the Deutscher Club, upstairs (above the dining room).



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WANTED – GERMAN TEACHER

THE GERMAN LANGUAGE SCHOOL OF UNION COUNTY, WINFIELD, NJ, is seeking candidates to fill a middle to high school level teaching position.

Preferred qualifications include: Native German speaker, bilingual German/English or C1/C2 German language profile
■ Experience as a teacher, teaching assistant or substitute teacher
■ Willing to work Saturday mornings 9:00 am - 12:30 pm, September through end of May
■ Sustained level of comfort applying technology in the classroom

► If interested please send a cover letter & resume directly to our principal Mr. Salvatore Veniero (principal@thegermanschool.org). For more information, please visit our [website www.thegermanschool.org](http://www.thegermanschool.org).

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THE DANCERS Bayern Verein Newark News

Join us!

No experience? No problem! Whether you're looking to connect with your heritage, try something new, or just have fun and stay active, our group welcomes dancers of all ages and backgrounds. We rehearse Monday evenings right here at the Deutscher Club and will be kicking off again in August - it's the perfect time to jump in!

Interested? Come give it a try - we'd love to have you! • For more information, contact Paul Ulrich at 734-646-6764 or vorplattler@bvnnj.org or Betty Bunger at 732-463-7855 or president@bvnnj.org



DC CLUBS: ALL ARE WELCOME!

SKAT GAME: EVERY WEDNESDAY AT 7:30 PM •

KNITTING CLUB: EVERY THURSDAY AT 3:00 PM

HIKING NEWS

Leader: Brian Mecca

brian.mecca@gmail.com

On the day of the hike, participants are requested to assemble at 9:50 AM in the parking lot. Details regarding the hike will be distributed to the group via email one week prior to the event; please contact Brian to have your email address added to the list. **The hike will commence promptly at 10:00 AM.** In case of delay, kindly notify me so appropriate arrangements can be made. If you wish to join the Hiking Group's mailing list, please send an email including your name and mobile phone number. • We are currently planning activities for 2026 and are looking for hikes in locations where there were Revolutionary war battles in our area. Our aim is to select



locations within approximately one hour's drive from the Deutscher Club. • On **January 4th** 13 of us along with four dogs, hiked at Lenape Park in Cranford. It was a beautiful day, sunny, in the mid 30's and not windy at all. The hike was 4.2 miles and thoroughly enjoyed by all. Thanks to Thor Heyeck (not pictured) for taking this photo of us.



On February 1st, we will be going down the shore to the Bayshore Trail in the Atlantic Highlands. This is part of the Henry Hudson trails, and goes along the waters of the Raritan Bay, across from Sandy Hook. It is a flat and paved trail, great for kids, and an easy walk. It is - out and back,

Being that this is the **250th anniversary** of the United States Declaration of Independence and the Revolutionary War, I will be looking for hikes along or in the famous battlefields near us as our area was where the battles took place. Looking for local historians who can tell us about the battles and areas. Thank you to Nancy Dries mentioning this to me at the Annual Membership Meeting. Tentatively, future hikes are scheduled for **March 1st, and April 5th.**

Kindly confirm your attendance by RSVPing to brian.mecca@gmail.com and include your phone number so that we may create a texting group for last-minute updates. • After the hike, participants are invited to return to the Club for Frühschoppen. The bar will be open, soup and open-faced sandwiches are typically available, and attendees are encouraged to bring additional refreshments as the kitchen will be closed. We look forward to a pleasant post-hike gathering.

MAHJONG

The Mahjongg Club meets on **Sundays from 4-6 pm** during the Winter. If you are a DC member and already know how to play, please come and join us. Check weekly emails for any Mahjongg Club schedule changes.

For further information about the Mahjongg Club, or if you would like to learn to play, please email correspondence@deutscherclub.us -Thank you, Meg and Paula



Trivia Night

Saturday, February 7th

Fun! Food! Prizes!

Grill Open 5:00-7:00 PM For Dinner

Team Table Signup Folder In Lobby

Members W/Card: Free/Member Guests: \$5

Limit of 8 Players per Team/Table

Which Team Will Win The Ken Jennings Bobblehead??!!

THE BIG GAME LX

**SUNDAY, FEBRUARY 8TH
4:00 PM**

*TAILGATE AND WATCH THE BIG GAME AT THE DCI

*BRING APPETIZERS AND SNACKS TO SHARE!

*PRIZES AND GIVEAWAYS!



HISTORY COMMITTEE

Our next meeting will be on **Friday, February 13, at 6:30 PM.** We will be in the area of Table #20. Come join us!

This is yet another opportunity to earn your volunteer hours. If you are interested, please email correspondence@deutscherclub.us



GERMAN SCHOOL OF UNION COUNTY



REGISTRATION FOR THE SCHOOL YEAR 2025/2026 IS NOW OPEN

www.thegermanschool.org/registration/register/



Looking for a gift? How about a Gift Card for dinner at the Club?

Join us on **Friday, February 13**, to compete in a "Texas HOLD 'EM" poker tournament at the Deutscher Club.



A sign-up sheet is at the bar. Registration closes on Thursday, February 12, 2026. Dress Code: Casual

Instructions and table assignments start at **6:30 PM** and the first hand of the tournament will be dealt at **7:00 PM** sharp. The cost is a **\$50 buy-in** with no re-buys allowed. Blinds increase throughout the evening. Table count and payout structure will be determined based on registration numbers. No new hands will be dealt after **11:30 PM**. Tables with remaining players at that time will declare winners based on chip count after the last hand. Any questions please write to events@deutscherclub.us

Valentine's Dinner and Dance

SATURDAY, FEB. 14TH
6:00-10:00PM

MUSIC BY:
GLENN ROBERTS

*A LA CARTE MENU
**\$5 MEMBERS/\$8 GUESTS
PAY AT THE DOOR

FASCHING TANZCAFE 2026

SUNDAY, FEBRUARY 15
1:11-5:11PM

MUSIC BY: BERNIE'S ORCHESTRA
*A LA CARTE DINING
**\$5 MEMBERS/\$8 GUESTS
*PAY AT THE DOOR!
*COME IN COSTUME AND HAVE FUN!

VIENNA BUNDESLÄNDER DINNER

FEBRUARY 20, 2026

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-SEE BULLETIN, WEEKLY EMAILS AND DC FACEBOOK PAGE FOR COMPLETE MENU AND DETAILS.

ELVIS NIGHT

***SATURDAY, FEBRUARY 21, 2026**
***6:00-10:00 PM**

***SPECIAL PERFORMANCE BY ELVIS TRIBUTE ARTIST:**
JIM BARONE

"THE KING" RETURNS TO THE DC!

***\$10 MEMBERS/\$15 GUESTS**
***TICKETS AVAILABLE AT THE BAR UNTIL 2/18/2026**

POLISH NIGHT

SATURDAY, FEB. 28TH
6:00-10:00PM

MUSIC BY ROBBIE LAWRENCE AND THE STEELWORKERS

SERVED "FAMILY STYLE" FOUR COURSE TRADITIONAL POLISH MENU

***\$40- MEMBERS AND NON MEMBER GUESTS* (TIP NOT INCLUDED)**

****TICKETS AVAILABLE AT THE BAR THROUGH FEB. 25TH****

Bayern Verein Newark
presents
Stiftungsfest

Saturday, March 7, 2026 • 5 PM
(Doors open at 4:30)

Music by
Bernie's Orchestra
Buffet Dinner • Cash Bar

Reservations required by February 27, 2026
Adults - \$50 pp • Young Adults ages 6-15 - \$25
Children under 5 - Free
For more information contact Debbie Sherer
908-507-1075 • info@bvnnj.org

Continued on page 8

ZION LUTHERAN CHURCH OF CLARK

PRESCHOOL ENROLLMENT

Our experienced teachers and engaging curriculum offer children the opportunity to learn and grow in a safe, nurturing environment.

Please contact us to schedule a tour and learn more about the enrollment process.

ENROLL NOW (732) 382-7320 Ext. 3

More Information
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559 Raritan Rd, Clark, NJ 07066

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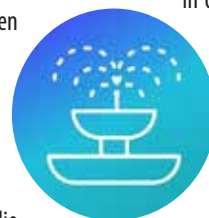
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Entspanne dich – Geh mal zur Kur

Wenn Sie sich erschöpft oder gestresst fühlen, könnte ein Urlaub in einem deutschen Kurort genau das Richtige für Sie sein. Deutschlands Kurorte sind berühmt für ihre reiche Geschichte, ihre malerische Umgebung und die vielfältigen therapeutischen Anwendungen. Diese Kurorte haben ihre Wurzeln in antiken römischen Traditionen und haben sich über Jahrhunderte weiterentwickelt, um Besuchern sowohl Heilung als auch Wohlbefinden zu bieten. Deutsche Kurorte sind bekannt für die Behandlung vieler chronischer Beschwerden wie Ekzeme, Gelenkschmerzen oder Atemwegserkrankungen. Die meisten Therapien basieren auf der Verwendung von mineralreichem oder Thermalwasser. Andere Therapien nutzen die radonreiche Luft in alten Bergwerksschächten oder die salzhaltige Luft an der Küste. Heutzutage bieten Kurorte neben den natürlichen Heilmitteln auch eine Reihe von Wellnessbehandlungen an, zum Beispiel Massagen, Aromatherapie, Akupunktur, Meditation und vieles mehr. Mehrere traditionsreiche Kurorte blicken auf eine Geschichte zurück, die bis in die Römerzeit reicht. Aachen, auch „Königsbad“ genannt, war aufgrund seiner heilenden Quellen bei den Herrschern des Heiligen Römischen Reiches sehr beliebt. Heute führt die Carolus Therme dieses Erbe fort, es gibt Becken mit heißem, mineralreichem Schwefelquellwasser, Saunen, Dampfbäder und zahlreiche Wellnessanwendungen – alles an einem Ort, der von jahrhundertealter Kurkultur geprägt ist. Die Kaiser-Friedrich-Therme in Wiesbaden, ein Badehaus im klassischen römischen Stil, wurde auf den Fundamenten einer antiken römischer Thermen errichtet. Die Therme bietet ein klassisches Baderlebnis mit Warm- und Kaltwasserbecken, einem



irisch-römischen Bad, Entspannungsanwendungen und vielem mehr. Besucher aus den USA sollten beachten, dass in dieser Therme das Tragen von Badekleidung nicht erlaubt ist. Drei renommierte deutsche Kurorte – Baden-Baden, Bad Ems und Bad Kissingen – wurden kürzlich in die UNESCO-Welterbeliste „Die großen Kurorte Europas“ aufgenommen. Jeder dieser drei Orte vereint auf seine Weise historische Eleganz mit moderner Wellness. Baden-Baden, am Rande des Schwarzwaldes gelegen, galt im 19. Jahrhundert als „Sommerhauptstadt Europas“. Aristokraten und die Elite besuchten Baden-Baden, um luxuriöse Thermen, das Casino und das pulsierende Gesellschaftsleben zu genießen. Heute bietet die moderne Caracalla-Therme ein Wellness-Erlebnis der Extraklasse. Ein weiteres Thermalbad, das historische Friedrichsbad im Renaissancestil, bietet ein irisch-römisches Bad und Mineralwasseranwendungen in luxuriösen Privatbädern, die Benutzung ohne Kleidung ist an bestimmten Wochentagen möglich. Bad Ems im malerischen Naturpark Nassau blickt auf eine lange Kurtradition zurück. Kurgäste können ihre Beschwerden lindern, indem sie das Wasser der berühmten Emser Kränchenquelle trinken und in der hochmodernen Bad Ems Therme verschiedene Badeanwendungen genießen. Zusammen bieten Deutschlands Kurorte ein vielfältiges Angebot an Naturheilverfahren, historischem Charme und modernem Wellness und sind somit ideale Reiseziele für Erholung und Entspannung.

Relax – Go visit a Spa

If you're feeling exhausted or stressed, a vacation at a German spa might be just what you need. Germany's spa towns are famous for their rich history, beautiful settings, and a wide variety of therapeutic treatments. These resorts are rooted in ancient Roman traditions and have evolved over centuries to offer both healing and wellness experiences for visitors. German spas are known for treating many chronic ailments like eczema, joint pain, or respiratory issues. Most of the therapies are based on using mineral-rich or hot spring water. Other therapies use radon-rich air in old mine shafts or salt-rich air at seaside locations. Nowadays, spa towns also offer a range of wellness treatments like massages, aromatherapy, acupuncture, meditation and more in addition to the natural remedies. Several iconic spa towns have traditions dating back to Roman times. Aachen, called the "Spa of Kings," was favored by rulers of the Holy Roman Empire for its healing waters. Today, the Carolus thermal bath continues this legacy, offering pools fed by hot sulfur spring water, saunas, steam rooms, and many wellness treatments, all set in a location shaped

by centuries of spa culture. The Kaiser-Friedrich Spa in Wiesbaden, a bathhouse in classic Roman-style, built on the foundation of ancient Roman thermae. The Spa offers classic bathhouse experience with hot and cold pools, an Irish-roman bath, relaxation therapies and more. Visitors from the US should be aware that this spa does not allow bathing suits. Three renowned German spa towns - Baden-Baden, Bad Ems, and Bad Kissingen - were recently included in the UNESCO World Heritage listing "The Great Spa Towns of Europe". Each one blends historical elegance with modern wellness. In the 19th century, aristocrats and elites visited Baden-Baden, called the "summer capital of Europe," to enjoy luxurious spas, the casino and a lively social scene. Today, the modern Caracalla thermal bath offers the ultimate spa experience. The historic Renaissance-style Friedrichsbad offers an Irish-roman bath and mineral water treatments in private luxury bathrooms, clothes-free attendance is available on certain days. In the scenic Nassau Nature Park, Bad Ems has a long-standing spa tradition. Spa guests can treat their ailments by sampling water from the famous Emser Kränchen Spring and by various forms of soaks in the state-of-the art Bad Ems Spa. Together, Germany's spa towns offer a rich tapestry of natural therapies, historic charm, and modern wellness, making them ideal destinations for both healing and relaxation.

JOSEPH PILATES – TRAINER

Joseph Hubertus Pilates was born in Mönchengladbach, Prussia in 1883. Pilates father was a metal worker and a



prize-winning gymnast. His mother was a natural medicine believer. As a sickly child, Pilates suffered from rickets, rheumatic fever, and asthma. With his father's help, he focused on increasing his physical strength with gymnastics, martial arts, and body building. His fitness improved, and by age 14 he began to pose for anatomical charts. In time, Pilates came to believe that improving posture, breathing and lifestyle was the key to a healthy life. He invented training techniques, exercise, and equipment to reach individual goals and began teaching his methods. In 1912, Pilates moved to England where he worked as a circus performer, a prize fighter and a self-defense trainer at police schools and Scotland Yard. During WWI, British authorities interned many German citizens including Pilates at Lancaster Castle. While there he taught self-defense and wrestling to other German citizens

and studied the movement of animals, especially cats. During this time at the castle, Pilates developed his system of mat exercises that became known as "Controlology." The new exercise system encouraged the use of the mind to control muscles, especially the core body and spine for balance and breathing. Pilates returned to Germany after the war and continued to train police officers. Becoming dissatisfied with the country, in 1925 he emigrated to the US aboard the ship America where he met his wife, Clara Zunker. Together they soon established themselves in NYC in the world of dance collaborating with George Balanchine and Martha Graham. Pilates continued to teach at his

8th Ave. studio for over 30 years. He died in 1967 at the age of eighty-four after slipping on ice and puncturing his lung. Exercise patents are held in Joseph Pilates' name and today his body conditioning methods are practiced all over the world at every fitness level.—Barbara Streit

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