National Hotlines and Resources

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| National Suicide Prevention Lifeline | 1-800-273-TALK (8255)  988 new cell service | 24/7 hotline |
|  | 1-888-628-9454 | Spanish |
|  | 1-800-799-4889 | TTY |
|  | MHFA to 74141 | TEXT |
|  | Suicidepreventiononlifeline.org | website |
| National Crisis Hotline | HOME to 741741 | TEXT |
|  | Crisistextline.org | website |
| National Substance Abuse Hotline | 800-662-4357 | 24/7 hotline |
|  | Samhsa.gov | website |
| Partnership to End Addiction | CONNECT to 55753 | TEXT |
|  | Drugfree.org | website |
| National Veterans Crisis Line | 800-273-8255 | 24/7 hotline |
|  | Veteranscrisisline.net | website |
| National Alliance on Mental Health | Nami.org | website |

State Resources

|  |  |  |
| --- | --- | --- |
| Michigan Injury Prevention | Michigan.gov>injuryprevention>programs |  |
| Michigan Department of Health and Human Services | Michigan.gov/mdhhs/safety- injuryprevention/programs |  |
| United Way Resource Line | Find a local resource through the United Way. Routed via your local resource office. Referrals to programs to assist with food, housing, financial assistance, utility assistance and more. (See map below) | 211 |
| Business Network Division – Michigan Department of Labor and Economic Opportunity | Local contact: Gary M. Holik, MA, CRC, CBSP, 989-402-7550,  [Holikg1@michigan.gov](mailto:Holikg1@michigan.gov) |  |

Local Resources

|  |  |  |  |
| --- | --- | --- | --- |
| **Arenac County** |  |  | **Arenac County** |
| Bay/Arenac Suicide Prevention Coalition | 989-895-  2300 | [amaziarz@babha.org](mailto:amaziarz@babha.org) | Bay/Arenac Suicide Prevention Coalition |
| The WELL  Outreach |  | [info@thewellstandish.org](mailto:info@thewellstandish.org) | The WELL  Outreach |
| Resurrection of the Lord – Food Distribution Center | 989-846-  6584 |  | Resurrection of the Lord – Food Distribution Center |
| Bethlehem Lutheran Church | 989-846-  4972 | Frequent food give aways | Bethlehem Lutheran Church |
| **Bay County** |  |  | **Bay County** |
| Bay/Arenac Suicide Prevention Coalition | 989-895-  2300 | [amaziarz@babha.org](mailto:amaziarz@babha.org) | Bay/Arenac Suicide Prevention Coalition |
| Good Samaritan | 989-893-  5973 | <https://gsrmbaycity.org/> | Good Samaritan |
| Bay Area Women’s Center | 989-686-  4551 | <https://www.bawc-mi.org/> | Bay Area Women’s Center |
| Families Against Narcotics |  | [glbrfan@familiesagainstnarcotics.o](mailto:glbrfan@familiesagainstnarcotics.org)rg  Monthly Meetings – 2nd Thursday of the month at 7:00 PM  Delta College, 1961 Delta Road Room N-007  10 years and older welcome to attend | Families Against Narcotics |
| Safe Harbor | 989-894-  1189 | <https://safeharborkitchen.com/> |  |
| Bella’s South End Pantry | 989-217-  6352 | [https://south-end-pantry-pelton-](https://south-end-pantry-pelton-home.business.site/?utm_source=gmb&utm_medium=referral) [home.business.site/?utm\_source=g](https://south-end-pantry-pelton-home.business.site/?utm_source=gmb&utm_medium=referral) [mb&utm\_medium=referral](https://south-end-pantry-pelton-home.business.site/?utm_source=gmb&utm_medium=referral) |  |
| **Midland County** |  |  |  |
| Crisis Line |  |  |  |
| Community Mental Health | 989-631-  2320 | Cmhcm.org  <mailto:ecunningham@cmhcm.org> |  |
| Opioid Recovery | 989-631-  0241 | 1016.0rg | Ten16 Recovery Network |
| Midland’s Open Door | 989-835-  2291 | [https://www.midlandopendoor.org](https://www.midlandopendoor.org/)  [/](https://www.midlandopendoor.org/) |  |
| Shelter house | 877-216-  6383 | <https://shelterhousemidland.org/> |  |
| Midland County Emergency Food Pantry Network | 989-486-  9393 | Services vary |  |
| **Saginaw County** |  |  |  |
| Crisis Line | 989-792-  9732 or 800-  233-002 | Sccmha.org/services/crisis- services/ |  |
| Suicide Resource & Response Network | 989-781-  5260 | Srrn.net [Barb.smith@srrn.net](mailto:Barb.smith@srrn.net) |  |
| Saginaw Rescue Mission | 989-752-  6051 | <https://rescuesaginaw.org/> |  |
| Restoration Community Outreach | 989-753-  1886 | <https://www.rcoshelter.org/> |  |
| Innerlink for Runaways | 989-753-  3431 | [https://www.ypccares.org/shelteri](https://www.ypccares.org/sheltering-runaways-homeless-youth/) [ng-runaways-homeless-youth/](https://www.ypccares.org/sheltering-runaways-homeless-youth/) |  |
| Saginaw County Youth Protection Council | 989-755-  0937 | <https://www.ypccares.org/> |  |
| Emmaus House of Saginaw, Inc. | 989-755-  7538 | [https://www.emmaushousesagina](https://www.emmaushousesaginaw.com/) [w.com/](https://www.emmaushousesaginaw.com/) |  |
| Holy Cross Services – Holland House | 989-401-  2040 | <https://holycrossservices.org/> |  |
| Mustard Seed | 989-755-  4741 | <https://themustardseedshelter.org/> |  |
| PartnerShift Network | 989-399-  0016 | <https://partnershiftnetwork.com/> |  |
| First Assembly – Food Distribution Center | 989-295-  0192 |  |  |
| Hidden Harvest | 989-753-  4749 | Pick-up unwanted food and distributed to local food pantries |  |
| I Support the 1% - Veterans Food Pantry | 989-823-  2078 | Appointment only – must be a US Veteran |  |
| Old Town Christian Outreach | 989-249-  8696 | Hot meals – Monday, Wednesday, Friday  Grocery/Clothes – Saturday  Baby Pantry – Wednesday by Appointment |  |

The Great Lakes Bay Manufacturers Association has provided this list of resources for its manufacturers to best help employees in crisis. We are certain there are other resources within the communities we serve but we are just not aware of them. As we learn about additional resources, we will continue to add them to our list. We hope that you will not have to use this list and hope the best for all your employee’s well-being.

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Updated: October 2022 tlb