



Food.

**URBAN
KOSHER**

Done right.



The Complete Breakfast

Our Single-serve program is designed with restaurants, banquet facilities, conference centers and hotels in mind.

All selections are individually wrapped and ready to heat/serve and include: Juice, Jam, Fruit Cup, Coffee Cup, and everything else you need to get your morning started right.

CONTINENTAL Choice of two: Muffin, Danish and Croissant

HOT BREAKFAST Continental plus: 3 Eggs prepared as you like, breakfast potatoes, fresh vegetables

DAIRY BREAKFAST Continental plus: Bagel, Lox, Cream Cheese

The Complete Meal

Our Single-serve program is designed with restaurants, banquet facilities, conference centers and hotels in mind.

All selections are individually wrapped and ready to heat/serve and include: Bread plate, Coffee Mug, Cutlery and everything else you need for your complete meal.

Choose one item from each course below

APPETIZER

- Farfalle with Roasted Tomatoes & Olives
- Angel Hair Pasta with Pesto and Fresh Tomato
- Grilled Salmon on a Bed of Greens
- Chili Lime Salmon and Mango Salsa
- Stuffed French Crepe with Mushroom Sauce

SALAD

- Garden Salad
- Israeli Salad
- Caesar Salad
- Spinach & Fruit Salad
- Arugula & Grilled Pepper Salad

* Choice of dressings include: Honey Balsamic, Creamy Garlic, Lemon Vinaigrette, Caesar

ENTRÉE

- Herb Crusted Grilled Chicken Breast
- Jerk Chicken, Spiced and Traditional
- Sliced Hot Turkey with Gravy
- Teriyaki Beef Skewer
- Sliced Roast Beef with Balsamic Jus
- Prime Rib Steak with Caramelized Onion and House Peppercorn Sauce
- Asian Grilled Salmon
- Herb Crusted Salmon
- Pan Seared Rainbow Trout

* All entrees served with side of vegetable and starch

* Cold sandwich luncheon packages available

* Vegan selection available upon request

DESSERT Choice of Fresh Fruit or Pastry

* China Plating additional cost per meal.
All orders require minimum 24 hours notice.

MENU MATCH!

Have a menu you created that you love? Let us know and we can match it.

CALL TODAY 416.650.5440



Boxed Lunches

TRADITIONAL BOXED LUNCH *(Minimum 6)*

Sandwich (Egg, Tuna, Turkey, Roast Beef), Fruit, Drink & Snacks

BENTO BOX *(Minimum 10)*

SNACK - 3 Compartments: protein, fruit & grain

BOARD LUNCH

Charcuterie Board for 2 - A selection of artisan cured meats, patés, pickles and olives

Cheese Board for 2 - A selection of cheeses, crackers, fruit and nuts



A La Carte

More Single-serve options...

HORS D'OEUVRES - Chef Selection

Finger foods / Cocktail Reception

The perfect accompaniment to your conference or event meet & greet

Some of our chef's favourites include Seared Tuna Wasabi Crackers, Chicken & Waffle, Chicken Poppers, Mini Springrolls, Asian Noodles, Korean BBQ Beef Skewers, Chicken Peanut Satay, General Tsao's Tofu Bites...
Available in Six or Ten pieces per person

APPETIZERS *(Any Choice from Complete Meal)*

SALAD *(Any Choice from Complete Meal)*

ENTRÉE *(Any Choice from Complete Meal)*

SANDWICH PLATTER *(For One)*

PLATED DESSERT *(tart, cake, mousse)*



A.M. AND P.M. BREAKS

More Single-serve options...

Individual Fruit Plate
Assorted Cookie Plate
Hummus Veggie Plate
Cheese and Cracker Plate
Chips and Salsa Plate

** Above served on disposable plates.
Additional cost per person for china plating.*

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Around the Office

98% of attendees say meetings with food make them more productive!
(We also believe that 86% of surveys are made up).
What we know for certain is that everyone will love you for ordering in!

ASSORTED SANDWICHES / WRAP PLATTER

KEEPING IT LIGHT

Tuna • Egg • Grilled Vegetables • Omelette
Available For 5 or 10 people

MAKE IT MEATY - Smoked Turkey • Roast Beef • Grilled Cajun
Chicken • Pastrami
Available For 5 or 10 people

SCOOP TRAY

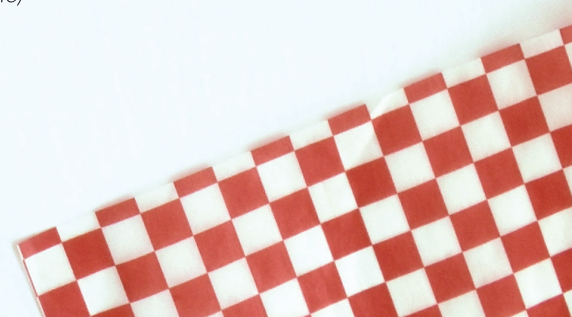
Assorted Scoops - Tuna • Egg • Cream Cheese • Lox.
Includes a selection of bagels and breads
Available For 5 or 10 people



UPGRADE YOUR MEETING WITH...

- Chicken Poppers (fried, sweet and spicy)
- Mini Corn Dog Jalapeño Bites
- French Fries (6-8 people)
- Asian Vegetable Noodles (8-10 people)
- Corned Beef Poutine (6-8 people)
- Fruit Platter (8-10 people)
- Cookie Platter (8-10 people)

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Odds & Ends

Have a Little Fun With Your Next Meeting

SALAD BOWLS *Serves 4-6/8-10*

Chef Salad

Mixed Greens & Fruit

Caesar Salad

Warm Mushrooms over Greens

Quinoa and Grilled Vegetables over Greens

Barley Lentil Salad, with Spinach and

Dried Cranberries

** Choice of dressings include: Honey Balsamic,*

Creamy Garlic, Lemon Vinaigrette, Caesar



OTHER FAVOURITES

Chicken Fingers

Beef Sliders (on mini brioche)

Mini Hot Dogs (on mini brioche)

Honey Glazed Chicken Skewers

Sesame Grilled Tofu Skewers

Teriyaki Beef Skewers

Mixed Grilled Vegetable Skewers

Mixed Vegetable Chicken Stir Fry (4-6 people)

Charcuterie Board (4-6 people)

Asian Fried Rice (8-10 people)

Fresh Vegetable Platter (Assorted Dips) (8-10 people)

Grilled Vegetable Platter (8-10 people)

Fruit Platter (8-10 people)

Cookie Platter (8-10 people)



*** Gluten Free, Vegetarian, Vegan Options available.**

*** Special requests available. If there is something you want but don't see it on our menu, please ask.**

*** Delivery fees may apply. All orders require minimum 24 hours notice.**

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