



Food.

{ **URBAN
KOSHER** }

Done right.

A collection of various pastries including donuts and croissants, along with a plate of fresh fruit including blueberries, grapes, and orange slices.

The Complete Breakfast

Our Single-serve program is designed with restaurants, banquet facilities, conference centers and hotels in mind.

All selections are individually wrapped and ready to heat/serve and include: Juice, Jam, Fruit Cup, Coffee Cup, and everything else you need to get your morning started right.

CONTINENTAL Choice of two: Muffin, Danish and Croissant. . . . \$22.75

HOT BREAKFAST Continental plus: 3 Eggs prepared as you like, breakfast potatoes, fresh vegetables. \$31.75

DAIRY BREAKFAST Continental plus: Bagel, Lox, Cream Cheese. . \$35.75

The Complete Meal

Our Single-serve program is designed with restaurants, banquet facilities, conference centers and hotels in mind.

All selections are individually wrapped and ready to heat/serve and include: Bread plate, Coffee Mug, Cutlery and everything else you need for your complete meal.

Choose one item from each course below. \$58.00

APPETIZER

Farfalle with Roasted Tomatoes & Olives
Angel Hair Pasta with Pesto and Fresh Tomato
Grilled Salmon on a Bed of Greens
Chili Lime Salmon and Mango Salsa
Stuffed French Crepe with Mushroom Sauce

SALAD

Garden Salad
Israeli Salad
Caesar Salad
Spinach & Fruit Salad
Arugula & Grilled Pepper Salad

** Choice of dressings include: Honey Balsamic, Creamy Garlic, Lemon Vinaigrette, Caesar*

ENTRÉE

Herb Crusted Grilled Chicken Breast
Jerk Chicken, Spiced and Traditional
Sliced Hot Turkey with Gravy
Teriyaki Beef Skewer
Sliced Roast Beef with Balsamic Jus
Prime Rib Steak with Caramelized Onion and House Peppercorn Sauce (+\$10)
Asian Grilled Salmon
Herb Crusted Salmon
Pan Seared Rainbow Trout

** All entrees served with side of vegetable and starch*

** Cold sandwich luncheon packages available \$45.00 per meal*

** Vegan selection available upon request*

DESSERT Choice of Fresh Fruit or Pastry

** China Plating additional \$25 per meal (\$16 for Breakfast).
All orders require minimum 24 hours notice.*

A collection of various pastries including cinnamon rolls, donuts, and croissants, along with a bowl of blueberries and some eggs.

MENU MATCH!

Have a menu you created that you love? Let us know and we can match it.

CALL TODAY 416.650.5440

Boxed Lunches

TRADITIONAL BOXED LUNCH *(Minimum 6)*

Sandwich (Egg, Tuna, Turkey, Roast Beef), Fruit, Drink & Snacks. \$38.00

BENTO BOX *(Minimum 10)*

SNACK - 3 Compartments: protien, fruit & grain. \$14.99

BOARD LUNCH

Charcuterie Board for 2 - A selection of artisan cured meats, patés, pickles and olives. \$38.00

Cheese Board for 2 - A selection of cheeses, crackers, fruit and nuts. \$38.00



A La Carte

More Single-serve options...

HORS D'OEUVRES - Chef Selection

Finger foods / Cocktail Reception

The perfect accompaniment to your conference or event meet & greet

Some of our chef's favourites include Seared Tuna Wasabi Crackers,

Chicken & Waffle, Chicken Poppers, Mini Springrolls, Asian Noodles,

Korean BBQ Beef Skewers, Chicken Peanut Satay, General Tsao's Tofu Bites...

Six pieces per person. \$18.00

Ten pieces per person. \$28.00

APPETIZERS *(Any Choice from Complete Meal).* \$12.95

SALAD *(Any Choice from Complete Meal).* \$12.95

ENTRÉE *(Any Choice from Complete Meal).* \$32.00

SANDWICH PLATTER *(For One).* \$17.00

PLATED DESSERT *(tart, cake, mousse).* \$10.00



A.M. AND P.M. BREAKS

More Single-serve options...

Individual Fruit Plate. \$8.50

Assorted Cookie Plate. \$8.50

Hummus Veggie Plate. \$8.50

Cheese and Cracker Plate. \$8.50

Chips and Salsa Plate. \$8.50

** Above served on disposable plates.*

Add \$5.00 per person for china plating.

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Around the Office

98% of attendees say meetings with food make them more productive!

(We also believe that 86% of surveys are made up).

What we know for certain is that everyone will love you for ordering in!

ASSORTED SANDWICHES / WRAP PLATTER

KEEPING IT LIGHT

Tuna • Egg • Grilled Vegetables • Omlette

For 5 people..... \$64.00

For 10 people..... \$119.00

MAKE IT MEATY - Smoked Turkey • Roast Beef • Grilled Cajun

Chicken • Pastrami

For 5 people..... \$89.00

For 10 people..... \$155.00

SCOOP TRAY

Assorted Scoops - Tuna • Egg • Cream Cheese • Lox.

Includes a selection of bagels and breads

For 5 people..... \$85.00

For 10 people..... \$155.00



UPGRADE YOUR MEETING WITH...

Chicken Poppers (fried, sweet and spicy)..... \$15/dozen

Mini Corn Dog Jalapeño Bites..... \$15/dozen

French Fries (6-8 people)..... \$25

Asian Vegetable Noodles (8-10 people)..... \$45

Corned Beef Poutine (6-8 people)..... \$55

FruitPlatter (8-10people)..... \$55

Cookie Platter (8-10 people)..... \$35

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Odds & Ends

Have a Little Fun With Your Next Meeting

SALAD BOWLS *Serves 4-6/8-10*

- Chef Salad.....\$32.00/\$55.00
Mixed Greens & Fruit.....\$38.00/\$65.00
Caesar Salad.....\$32.00/\$55.00
Warm Mushrooms over Greens...\$42.00/\$70.00
Quinoa and Grilled Vegetables
over Greens.....\$42.00/\$70.00
Barley Lentil Salad, with Spinach
and Dried Cranberries.....\$32.00/\$55.00

* Choice of dressings include: Honey Balsamic,
Creamy Garlic, Lemon Vinaigrette, Caesar



OTHER FAVOURITES

- Chicken Fingers.....\$24.00/dozen
Beef Sliders (on mini brioche).....\$36.00/dozen
Mini Hot Dogs (on mini brioche).....\$24.00/dozen
Honey Glazed Chicken Skewers.....\$30.00/dozen
Sesame Grilled Tofu Skewers.....\$24.00/dozen
Teriyaki Beef Skewers.....\$36.00/dozen
Mixed Grilled Vegetable Skewers.....\$24.00/dozen
Mixed Vegetable Chicken Stir Fry (4-6 people).....\$85.00
Charcuterie Board (4-6 people).....\$150.00
Asian Fried Rice (8-10 people).....\$30.00
Fresh Vegetable Platter (Assorted Dips) (8-10 people).....\$55.00
Grilled Vegetable Platter (8-10 people).....\$70.00
Fruit Platter (8-10 people).....\$55.00
Cookie Platter (8-10 people).....\$35.00

* Gluten Free, Vegetarian,
Vegan Options available.

* Special requests
available. If there is
something you want
but don't see it on our
menu, please ask.

* Delivery fees may
apply. All orders
require minimum
24 hours notice.



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