## **Parental Employability Support**

Are you a parent living in Edinburgh?

Are you unemployed or struggling financially while in work?

Are you looking for support to overcome barriers?

The Parental Employability Support service is free and confidential. You can get one-to-one support to build an action plan and help you to:

- Access services that will help you to overcome barriers,
- Support you to move towards an employment goal,
- Gain new skills and qualifications,
- Gain more confidence,
- Understand how to maximise your income and your benefits,
- Complete job applications, a CV and prepare for interviews.

You could be eligible for support if any of the following apply to you:

- Lone parent
- Parent or child with a disability
- Parent of 3 or more children
- Parent from a minority ethnic background
- Parent with a child under 1 year old
- Parent under 25 years old

## To find out more:

**Visit:** www.edinburghguarantee.org/parents

Email: ParentalEmployability@edinburgh.gov.uk

Call: 0131 529 2482







