



WHAT IS MAXIMISE?

Maximise! is a partnership between CHAI and Children 1st providing advice, employability and family wellbeing support for families with school age children in Edinburgh.

MAXIMISE! OFFERS...



Family Wellbeing Support

Offering families support with:

- Addressing the wider issues that often impact families affected by poverty
- Stabilizing families and increasing independence
- Establishing positive routines and structure for the family
- Addiction, housing and homelessness
- Parenting skills
- Physical / mental health issues and disabilities

Advice

Offering families support with:

- Financial Health Checks, Income Maximisation and Welfare Rights
- Crisis and Debt Management
- Housing Issues
- Budgeting Help & Service Cost Comparison of (gas, electric etc.)
- Advocacy and representation across a range of social welfare issues





Employability

Offering individuals support with:

- Increasing confidence
- Looking for employment
- Applying for jobs
- CVs and interview preparation
- Accessing training, education and/or volunteering
- Progression within work and in-work support

To make a referral or request an appointment, please email maximise@children1st.org.uk call 0131 442 2100/446 2300 or contact your child's school.

Maximise! is supported by:

