



**BROTHERHOOD
COLLECTIVE** EST
2021

Grow with Us



About Brotherhood

The Brotherhood Collective involves a group of individuals in searching to better themselves, these groups meet on week days at a designated location to conduct a variety of activities using a program which is ever evolving.

The Brotherhood program is run and organised by a group of collaborative staff who are employed by Achievement Collective. The staff all come from different backgrounds and share different life experiences, as well as offering their own unique skillset that is an asset to the Brotherhood Collective program and the members in attendance.

Our Mission

Our Mission is to strengthen the individuality as well as the lifestyle skills of the men who attend our group who are living with a mental health condition or disability. We strive on building the self – belief and overall confidence of everyone by providing the best tailored support in a group setting

- Building social skills, including social outings
- Building self-confidence and ensuring Social Inclusion
- Assistance with life structuring strategies and confidence building
- Understanding social diversity
- Building friendships
- Motivation
- Being safe on the internet
- Being aware of safe practices while using phones/being aware of scams

Activities

Not only do we focus on these topics, but we also like to help motivate and inspire friendships during our sessions by doing following activities. On Special occasions we take the Brotherhood out on social outings These social activities include but are not limited to:

- Mini golf
- Laser tag
- Bowling
- Cooking
- Fishing
- Local social events
- Sports games
- Board games
- Gardening
- Video games
- Card games
- Group Discussions

Mental Health is a sensitive subject amongst a lot of people, but it doesn't need to be. We need to talk about it more, get rid of the stigma. That's what the Brotherhood Collective is working towards. We want to make a difference in people's lives and together, we can work towards achieving this.

For more information please contact us on [08 8486 1194](tel:0884861194) or email admin@acdmh.com.au