

## **MY WISHLIST**

## FILL THIS OUT BEFORE YOU START YOUR TRAINING WITH NEUROPTIMAL®

I would be pleased if the following shifts were to take place in my life:

1.		
2.		
3.		

Put this in an envelope and don't look at it until after you have completed your training!

Note: Please note that NeurOptimal® does not diagnose, treat, mitigate, prevent or cure any disease, disorder or abnormal physical state, nor does it restore, modify or correct the body's structure or functioning. Information provided is for reference and tracking purposes only. NOT FOR USE IN CANADA.