

Saturday May 1st, 2021

The P-Town Champion Series

Churchland High School

4301 Cedar Lane, Portsmouth, Va

**\$5 TO ENTER per session unless you are
volunteering**

Please arrive at the stadium no later than at 7:15am
SESSION START TIMES CAN RUN 30 MINUTE AHEAD

SESSION 1

8:00 am

High Jump 9/10, 11/12 Boys and Girls

Long Jump 7/8 Boys and Girls

Discus 11 and up Boys and Girls

SESSION 2

8:30 a.m.

1500 m Race-walk

200 m Hurdles (final)

100 m (SEMI- final)*

High Jump 13/14 Boys and Girls

Long Jump 9/10 Boys and Girls

Shot Put 7/8 Boys and Girls

SESSION 3

10:00 am

1500 m (final)

400 m (final)

50 m (final)

Long Jump 11/12 Boys and Girls

Long Jump 13/14 Boys and Girls

High Jump 15/18 Boys and Girls

Shot put – Girls oldest to youngest

SESSION 4

1:30 pm

100 m (final)*

80 m Hurdles (final)

100 m Hurdles (final)

110 m Hurdles (final)

High Jump

Shot Put – Boys oldest to youngest

Long Jump 15/18 Boys

SESSION 5

2:30 pm

4x100 m Relay (final)

800 m (final)

Long Jump 15/18 Girls

SESSION 6

3:30pm

200 m (final)

Turbo Javelin 5/6, 7/8, & 9/10 Boys and Girls

UPDATED 4/30 @ 1:02AM

ADDITIONAL COVID GUIDELINES & INFORMATION

SOCIAL DISTANCING: we will enforce social distancing at the track facility as well as the seating areas. We will be following all city and state guidelines. We ask that you be considerate of others and **keep your masks on at all times** inside of the facility.

No tents in gated stadium area – a limited number of tents will be provided

After each session the stadium must be cleared of coaches and spectators

There is a limited number of coaches and spectator tickets per session

Mask must be worn at all time by coaches and spectators

Athletes must wear mask unless competing

No one other than meet staff is allowed in the infield

Athletes must report to Clerking race ready, NO EXTRA GEAR (water, clothing, shoes...)

Only pre-packaged food will be sold at the concession stand

All persons wanting entry in the competition venue must answer the following questions from the CDC's COVID-19 screening tool.

COVID-19 HEALTH SCREENING

All responses should be “yes” or “no”:

Have you experienced any of the following symptoms in the past 48 hours: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea?

Within the past 14 days, have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory-confirmed COVID-19 or with anyone who has any symptoms consistent with COVID-19?

Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?

Are you currently waiting on the results of a COVID-19 test?

If you answer “yes” to any of the above questions, you will be denied entry to the competition venue and you will be provided further instructions from meet management.

If you decline to self-screen using the CDC's COVID-19 screening tool, you will be provided the option of completing a paper version. If you decline to self-screen using either option, you will be denied entry to competition venue.

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