

Parents please arrive at 7:15 am 2025 Grant Holloway Invitational

Virginia Beach Sports Center
1045 19th Street
Virginia Beach, VA 23451

DATE: Sunday 21, December 2025

**PARENT AND SPECTATOR FEE: \$16 - UNLESS YOU ARE
VOLUNTEERING**

NO OUTSIDE FOOD WILL BE ALLOWED INTO THE FACILITY (All bags are subject to inspection by Security)

Order of Events

Doors Open Sunday December 17 at 7:30am, First Call at 8:00am

Order of Running Events- Start Time 8:30am:

Youngest to Oldest, Girls/Women followed by Boys/Men

Running Events Order - Start Time 8:30am:

Oldest to Youngest, Girls/Women followed by Boys/Men

- 1500 Meter run (F) – FINALIST ALL DIVISIONS, OLDEST TO YOUNGEST
- 60 Meter Dash (SF) - ALL DIVISIONS, OLDEST TO YOUNGEST
- 60 Hurdles (SF) – Masters, Open, High School, 13-14, & 11-12
- 400 Meter Dash (F) – Masters, Open, High School, 13-14, 11-12, 9-10, & 7-8
- 60 Hurdles (F) - Finalist
- 60 Meter Dash (F) – FINALIST ALL DIVISIONS, OLDEST TO YOUNGEST
- 100m Dash (F) - Ages 5 - 6
- 4x200M Relay (F) - High School, 13-14, 11-12, 9-10, & 7-8
- 800 Meter Run (F) – Masters, Open, High School, 13-14, 11-12, 9-10, & 7-8
- 1500 Meter Race-walk (F) – 13-14, 11-12, 9-10, & 7-8
- 200 Meter Dash (F) - ALL AGE DIVISION

Order of Field Events- Start Time 8am:

Field Events Order - Start Time 8am: SP / LJ, 3 – Attempts, No Final

- Shot Put – Oldest to Youngest, Boys/Men then Girls/Women
Ages - Masters, Open, High School, 13-14, 11-12, 9-10, & 7-8
- LJ – Oldest to Youngest, Boys/Men then Girls/Women
Ages - Masters, Open, High School, 13-14, 11-12, 9-10, & 7-8
- HJ – Oldest to Youngest, Girls/Women then Boys/Men