

Meet Schedule

Spectator Fee: \$10 (cash only) ---Kids under 5 free.

7:15am: Team check-in
8:25am: National Anthem
8:30am: Field Events Start
8:45am: Running Events Start

Order of Events

Field Events

8:30am

Shot Put: (Old to young Girls & Boys)-All ages
High Jump: (Old-young Boys then Girls)-All ages
Triple Jump: (Girls & Boys) 13 & Up

11:30pm

Long Jump: (Girls & Boys) 12 & Under
Discus: (Boys followed by Girls) 13 & Up
Javelin: (Boys follow by Girls) 13 & Up
Turbo-Javelin: (Girls followed by Boys) 12 & Under

Running Events (Rolling Schedule)

8:45am

3000m - Final
200m Hurdles - Final
400m Hurdles - Final
100m (Prelims) Top 8 advances
50m - Final
800m - Final
200m - Final
80m Hurdle - Final
100m Hurdles - Final
110m Hurdles - Final
100m - Finals
1500m Run - Final
400m - Final
1500m RW - Final
Parent, Coaches & Alum 4x100m (sign-up at the meet)
4x100m relay - Final