

Spiritual Exercises in Daily Life

The 19th Annotation

A home retreat for 32 Weeks
You will **Go Deeper** to know Jesus and know yourself

This retreat will include a weekly meeting with the spiritual director (in the Zoom or in person) A group monthly virtual meeting with Fr. Andrew Garcia, a Jesuit priest, and daily scriptural prayer plus journal writing.

Applications accepted NOW

Sign Up by clicking: <https://rb.gy/sveoiz>



Spiritual Exercises Directors: **Ms. Cristine Goodman**



Cris Goodman volunteered at the Jesuit Retreat Center for many years and is a graduate of the Pierre Favre Program. She has been a Spiritual Director at the Catherine Center, a residential program for women recently released from prison, sponsored by the St. Vincent de Paul Society of San Mateo. She has co-lead directed retreats at the Jesuit Retreat Center in Los Altos. She has also been a spiritual director in the Pilot FIRE program at Holy Spirit Parish in San Jose and has worked in the spiritual development component of the Diocese of San Jose's Institute for Leadership in Ministry. Cristine has also accompanied souls during 8-day silent retreats at the Jesuit Retreat Center, Los Altos. She is married and the mother of four adult children.

Fr. Garcia, S.J.

Ms. Margarita Hua

Margarita is an experienced Spiritual Exercises Director, earned the Master degree in Spirituality from Santa Clara University, trained to be Spiritual Exercises from Jesuit retreat center Los Altos, and graduated from ILM in 2001. She is a Lay Ecclesial minister in the San Jose Diocese, the director of MHT Ignatian Spirituality Center, and married with two young adult children.



Dr. Pat Campbell



Dr. Pat received her PhD in Counseling Psychology from University of San Francisco and her MA in Counseling Psychology from University of Santa Clara. A graduate of the Pierre Favre Program, she has assisted at JRC retreats and led spiritual direction groups at both Institutes for Leadership in Ministry and Mercy Center Burlingame. In addition, she offers to individuals the Spiritual Exercises or alternatively general spiritual direction. She is married and the mother of five adult children

For information, please email to Margarita: margarita.hua@dsj.org

**Most Holy Trinity Ignatian Spirituality Center
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