



Ignatian Spirituality Workshop

**Topic: An introduction to the
“particular” and “general”
examination of conscience in the
*Spiritual Exercises***

Date: October 24, 7 pm to 8:30 pm (P.T.)

Presenter: Fr. Andrew B. García S.J.

The heart of the Spiritual Exercises is to grow into a deeper and more mature relationship with God. This is done by striving to seek, find, and embrace God’s will.

The “particular” and “general” examination of conscience are fundamental prayers or “tools” in the Spiritual Exercises. In this workshop, we will be introduced to both examinations and how they play a key and decisive role in turning back to God so that we may deepen and mature our relationship with Him.

Please have your Bible and a notebook in hand, as well as the Spiritual Exercises of St. Ignatius of Loyola.

Please Sign Up for Zoom ID
<https://tinyurl.com/y4seym8>

Most Holy Trinity (a Jesuit Parish)
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