



**The 18th Annotation
Preparation for Spiritual Exercises
March-May (10 Weeks), 2024**

This is a 10-week program (from March to May) that offers participants the opportunity to experience Spiritual Exercises in daily life. This is a "retreat" that aims to assist people in growing closer to Jesus, examining their lives in light of God's call to conversion, and preparing for joining the 19th annotation, Spiritual Exercises.

Our 18th Annotation will be offered in English by trained spiritual directors, from JRC, who will meet with you via ZOOM or in person as convenient.

Applications are now being accepted.

❖ **The deadline is Feb/19/2024**

For registration, please click the link: <https://rb.gy/rqaukq>

A contribution is encouraged to donate \$100
(According to your ability).

For more information, please email Margarita:
spiritualministry@mht-church.org

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