

***\* Please Note: Due to the impact of Covid-19. Our retreat is offering Virtual Retreat.***

***St. Ignatius of Loyola Spiritual Exercises application form***

***“Go Deeper to Meet God”***

***18<sup>th</sup> Annotation (Virtual) One-on-One***

Your Name : \_\_\_\_\_ Date : \_\_\_\_\_

Home Address : \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_ Cell \_\_\_\_\_

Parish \_\_\_\_\_ Ministry : \_\_\_\_\_

Circle your age group : 18-25    25-36    36-58    59 – 67    67+

For scheduling appointments, please circle the day and time that are good for you:

Mon.   Tue.   Wed.   Thur.   Fri.   Sat.   Sun.    Time: \_\_\_\_\_ Other \_\_\_\_\_

Please answer each question as completely as possible:

1. How do you generally pray? What styles of prayer do you know?

2. What do you expect from this retreat?

3. Have you ever taken part in the Ignatian workshops or any kind of Ignatian Retreats ?  
(Please circle all that apply)

Workshop | 3-Day 8-Day or 30-Day | 19<sup>th</sup> Annotation | Never attended

4. Please describe your family of origin, your current family relationships and your educational growth dynamics.

5. What kind of work/ministry are you presently involved in? How long?

6. This retreat in daily life requires a commitment to take part in the following activities over the next 10 weeks:

1. Reading the assigned Scripture passages and praying for 45 minutes per day

2. Recording the prayer experience in a journal

3. Keeping the following attitudes :

a. A desire for God and a wish to seek Jesus

b. An open heart and a willingness to share

4. Meeting weekly with the director (and giving advance notice of any absences)

**I can make this commitment:** Yes \_\_\_\_\_ No \_\_\_\_\_

7. The retreat registration fee is \$20 dollars which is due at the time of registration. This Retreat does not have a set fee but a donation is requested to support the ministry. The suggested donation is \$100 according to one's ability to pay. Your check should be made payable to the Most Holy Trinity Church, with 462024 Spiritual Ministry in the memo line. If you decide to join, please mail the application form with registration fee attached to: Ignatian Spirituality Center, 2040 Nassau Dr., San Jose, CA 95122. Attn: Margarita Hua

Your Signature: \_\_\_\_\_

Date : \_\_\_\_\_

Ignatian Spirituality Center  
Most Holy Trinity Parish /  
2040 Nassau Dr., San Jose, CA 95122  
email address: [spiritualministry@mht-church.org](mailto:spiritualministry@mht-church.org)