

## Parent Testimonial:

By way of background, we first met Tracy back in 2010 when we moved from PA to VA. We have 3 daughters, all of whom were coached by Tracy during their time as swimmers.

Fast forward to Fall of 2024, all our youngest daughter, Lila, talked about was being a Division 1 athlete the past 3 years (as she had the records and times to support it). So, that was where we had focused her college search initially with multiple calls with coaches, etc. throughout her Junior year. Unfortunately, it wasn't until after her third visit to the school she thought she was targeting on her official overnight visit, that she felt empty and lost and realized suddenly that D1 one might not be the right fit for her.

We thought we had nailed her college choice until we hadn't. We were back to square one in the Fall of Senior year. (Even though Lila is a runner, running and swimming have parallel tracks- you either have the times or you don't. There isn't much subjectivity to it.)

So, we decided to enlist Tracy's help. She gave us a much needed, fresh set of eyes. Tracy is super knowledgeable, especially when you're talking about competing at the collegiate level and an individual sport. Tracy opened our eyes and our daughter's to schools we hadn't previously considered that were in fact right for our daughter based upon her priorities: academics, school culture, team culture and coaching methodology and progression.

Tracy helped our daughter discern what truly mattered **to her** next (versus focusing on expectations of others). Tracy guided Lila to consider things, like athlete progression and opportunity even at the national level. Thanks to Tracy's guidance, Lila found her perfect fit at a D3 school after just one month of working with Tracy. We came to Tracy in a panic and left completely relieved!

Lila couldn't be happier and thanks to Tracy's guidance; when we were completely lost, Tracy in a very short period of time she put us back on track. Aside from Tracy's incredible knowledge, integrity, focus and care, Tracy took the time to really listen and understand from both our (as parents) perspective as well as Lila's as the student athlete. We appreciated the data, research and advice she provided as well to help us make the best decision for Lila.

My daughter is thrilled with her college decision and it is largely in great thanks and appreciation to Tracy. College is a huge investment decision- financially, academically and in terms of time when you add athletics. We couldn't have done it without the help from an expert coach like Tracy. Thank you, Tracy!