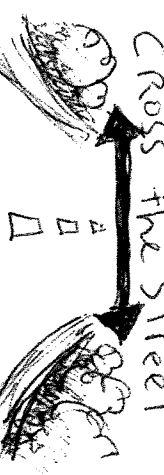


NO NEED TO RELOCATE,
THEY KNOW WHERE TO GO



to help these little
gentle ladies of
the street
CROSS THE STREET

SLOW DOWN

(IT'S THAT TIME)

BIRDS ARE BUILDING NESTS

I saw a female cardinal pick
old vines out of our chain-link
fence to use

My kid + I keep
seeing these striped
plastic strands
being used, but
no idea what
they are from

LET'S KEEP IN TOUCH
Natalie@frame1.com
natroart@gmail.com
P.O. Box 352, EMERALD
62933
PLZ RECYCLE
OR PASS ALONG. THX

APR 22 2026

PLANTING SEEDS



STRAWBERRIES

in season:
STRAWBERRIES grow
pricey babies YR
own!

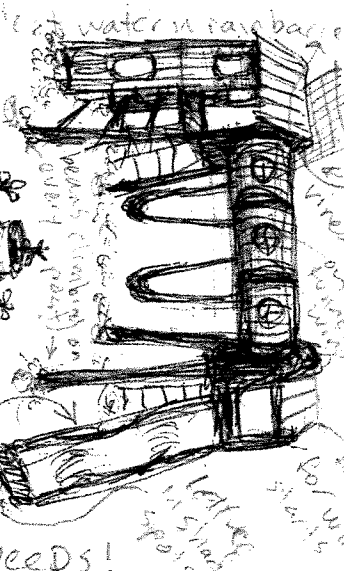
MULBERRIES
→ those wild oddballs
→ bird-favorite

HONEY SUCKLE
→ invasive, kid-favorite
smells HEAVENLY!
even behind the fence

ON THE FENCE at night
GRAY TREE FROGS
are calling!!
THE BEST SOUNDTRACK to fall
asleep to!



potato pods sunk in gravel



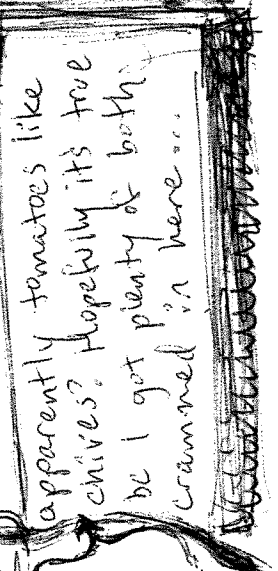
capers, or old playset
into an edgardening haven
bc it's in a sunny spot...

DREAMING ABOUT:

the silly garlic is STILL HERE
taking longer to dry out (D) bc
chickpeas ready for harvest) than
thought. The chickpeas +
sunflowers are getting shaded
out + I'm feeling less optimistic
about corn + squash, even tho
I preserved the seeds

happy in the makeshift +
compost = pile-bed

apparently tomatoes like
chives? Hopefully it's true
bc I got plenty of both
crammed in here...



NO WEEDS!

These did well on the ladder
last year, from small pots

Tepary Beans

P. acutifolius

Cultures: Native to Mexico and the
southwest U.S., tepary beans are
highly drought- and heat-tolerant, able
to set pods at higher temperatures
than common beans. Sow seeds 4-6
in. apart in well-drained soil. Water
sparingly - plants given too much
water will be more viny and set less
pods. Harvest: Pick pods as they
mature, or pull up plants when more
than 75% of the pods have dried, and
let the pods finish up drying on a tarp.
Cooking: Seeds will triple in size
when cooked. Higher in dietary fiber
and protein than common beans, and
more easily digested. Seeds have a
slightly nutty flavor. Soaked overnight,
the seeds need only 60-90 minutes to
cook; double the time for unsoaked
beans.

in the GARDEN PLOT:
sad stunted
sunflowers

corn

tomatoes

chives

The Imagination Heist

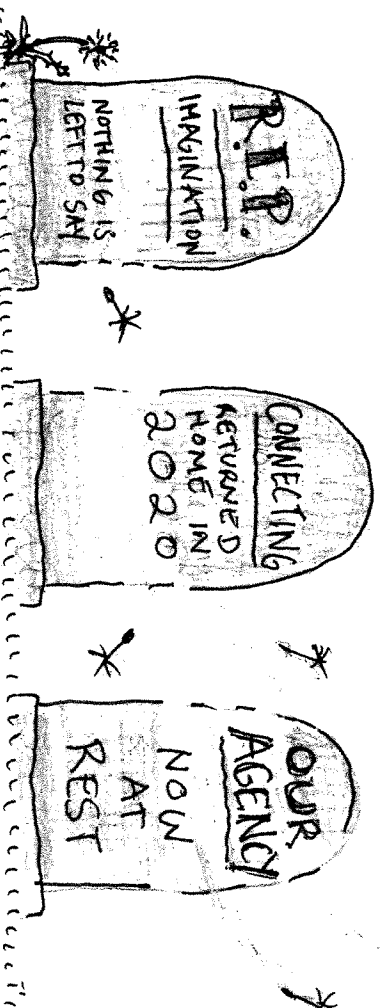
This loss of imagination didn't happen by accident. It wasn't just a side effect of too much screen time or too many ads. It was designed. Systems of power, from media to education to politics, have spent decades (centuries, ages?) narrowing the bandwidth of what we're allowed to dream about.

School taught us to memorize, not to imagine. Entertainment gave us spectacle, not participation. Politics trained us to vote for the lesser evil, not to envision the greater good. And capitalism? It convinced us that comfort is the same as freedom—as long as we can consume, we don't need to question.

Escapism became the substitute for agency. We weren't encouraged to change the story—we were taught to binge a better one. We stopped seeing ourselves as protagonists and started seeing ourselves as spectators.

This is the imagination heist. Not just the theft of our ability to dream, but the quiet, ongoing conditioning that tells us *dreaming is useless unless it leads to profit, popularity, or personal brand*. That anything not monetized isn't real. That anything not scaled isn't worth doing. That anything not posted didn't happen.

And it's why rewilding the imagination isn't just a cure exercise—it's a revolutionary act.



Rewilding the Imagination

If we want new systems, we need new stories. And if we want new stories, we need to reclaim the parts of ourselves that remember how to imagine without permission.

Rewilding the imagination doesn't mean escaping reality—it means expanding it. It means taking the practical, tangible ideas we've forgotten how to value—community dinners, barter networks, backyard food forests, neighborhood tool swaps—and learning to see them not as fringe or naive, but as the foundation for something real and resilient.

It's not just about what *could* be possible someday—it's about what is possible now, if we allow ourselves to believe in it long enough to try. You don't have to wait for a government program or an app or a billionaire's vision of the future. You can start living in a different story right now.

And here's the secret: when you act from that imagined future—when you build like it already exists—you make it more visible for others. You help them see themselves inside it. That's how culture changes. Not all at once, but through a million small glimpses of a world that feels better than the one we've been handed.**

**This month's Substack selection from:

The Imagination Heist: What Did You Really Lose? by Mike Jones

<https://resilienttomorrow.substack.com/p/imagination-was-the-first-thing-they>