

Community Equine Obstacle Course

Discover Your Strength • Build Confidence • Lead With Heart

Life is an obstacle course—unpredictable, challenging, and deeply rewarding. At **PonyUp4Kids Foundation**, our Community Equine Obstacle Program pairs each participant with a horse to experience powerful, hands-on learning that translates directly into real life.

Open to the Public • Welcoming to All

This inclusive community class welcomes individuals, young adults, and community members of all experience levels. No prior horse experience is required—just a willingness to learn, grow, and participate.

What You'll Experience

- One-on-one pairing with a horse
- Guided obstacle courses that mirror real-life challenges
- Supportive, encouraging environment focused on growth

Skills You'll Build

- Problem-solving and focus
- Confidence and resilience
- Emotional regulation and self-awareness
- Leadership, communication, and trust-building

Horses are intuitive partners who respond instantly to human emotions and intentions. Through this unique connection, participants learn to stay calm under pressure, adapt to challenges, and discover inner strength they can carry into everyday life.

**This isn't just a class about horses.
It's about discovering your true potential.**

Join us and transform how you approach goals, challenges, and relationships—
one hoofbeat at a time.

Learn more or register:
www.PonyUp4Kids.com