

WHY CHOOSE US?

Recovery-Support Mission

Your training fees help fund our recovery programs.

Real-Life Preparedness

Hands-on, scenario-based training builds confidence.

Inclusive & Flexible

Perfect for organizations of all types and sizes.

Certified, Caring Instructors

Experienced trainers who bring both expertise and compassion.

Community Impact

Training that not only equips your team but fuels hope and healing beyond the classroom.



FORMAT

DURATION: 2.5-4 HOURS (DEPENDING ON GROUP SIZE)

GROUP SIZE: UP TO 10 PARTICIPANTS; LARGER GROUPS WELCOME WITH ROTATING STATIONS

FORMAT: ON-SITE TRAINING THAT IS INTERACTIVE HANDS-ON PRACTICE WITH SCENARIO DRILLS

CONTACT INFORMATION

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gracefive.org

CPR, AED & FIRST AID TRAINING



ABOUT US



Grace Five is a 501(c)3 nonprofit dedicated to empowering businesses, schools, and other nonprofits through training and recovery support.

Our CPR / AED / First Aid classes are hands-on, scenario-based, and practical. We equip individuals, teams, and organizations to respond confidently in emergencies, ensuring readiness to save lives when every second counts.

Every training and consultation not only strengthens organizations but also provides vital resources to fund and sustain our recovery programs allowing us to offer hope, community, and lasting support to those on the journey of recovery.

PARTICIPANTS WILL BE ABLE TO

Recognize emergencies and act swiftly.

Perform high-quality CPR for adults, children, and infants (including choking relief)

Use an AED safely and effectively

Administer first aid for bleeding, burns, sprains, allergic reactions, heat/cold exposure, diabetic emergencies, stroke & heart attack symptoms, and more.

Engage in realistic scenario drills customized to your environment

PERFECT FOR

Individuals • Schools • Childcare Centers • Churches • Nonprofits • Businesses • Community Groups

Scan to Learn More



PRICING

School/Church Rate — \$50 per person

- Ideal for in-service days, volunteer teams, and safety committees
- Includes on-site instruction, all equipment, scenario-based practice, and completion certificates
- Estimated duration: 3–4 hours. Travel fees may apply outside the River Region

On-site Individual Training (1–4 people) — \$100 per person

- Personalized, hands-on sessions at your location
- Includes equipment, scenario practice, and certificates
- Estimated duration: 2.5–3 hours. Travel fees may apply outside the River Region

On-site Group Training (5–10 people) — \$75 per person

- Practice-heavy, team-oriented training with rotating stations
- Includes instructor, all equipment, scenario drills, and completion certificates
- Estimated duration: 3–4 hours

Large Group Rate – Call for pricing

- Scalable training with multiple instructors and skill stations
- Estimated duration: 3–4.5 hours based on group size

Family and Friends - \$15

Is a non-certification, community-focused offering designed for anyone who wants to learn CPR for personal preparedness without needing a required course completion card.

Pricing and packages are subject to change without notice at any time.

Fees and travel (if applicable) are extra.

School/Church discount is subject to eligibility.