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6th Kup Theory

Won-Hyo Tul 28 Moves

Won Hyo was the noted Monk who brought Buddhism to the Silla Dynasty prior to his death in 686AD.

New Techniques

Inward Knife Hand Strike	Anuro Sonkal Tirigi
Side Punch	Yop Jiruji
Circular Block	Dollimyo Makgi
X Fist Pressing Block	Koyocha Joomak Noolyo Makgi
Twin Vertical Punch	Sang Sewo Jirugi
Palm Upward Block	Sonbadak Ollyo Makgi
Waist Block	Hori Makgi
Side Elbow Strike	Yop Palkup Tirigi
Back Kick	Dwit Chagi

New Stances

Closed Ready Stance "A"	Moa Chumbi Sogi "A"
Bending Leg Ready Stance	Guburyo Sogi
Fixed Stance	Gojong Sogi

Two Step Sparring	Ebo Matsogi
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Blue

Blue signifies the Heaven towards which the plant grows into a towering tree as Taekwondo skills progress.