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2nd Kup Theory

Hwa-Rang Tul 29 Moves

Hwa Rang is named after the Hwa Rang youth group which originated in the Silla Dynasty 7th Century. This group eventually became the driving force for the unification of the 3 kingdoms of Korea. The 29 movements in this pattern refer to the 29th infantry division, where Tae Kwon Do developed into maturity.

Black Belt Is the opposite of White, therefore signifying the students maturity and proficiency in Tae Kwon Do. It also indicates the wearer's imperviousness to darkness and fear.

Kicks

Vertical Kick	Sewo Chagi
Twisting Kick	Bituro Chagi

Hand Techniques

Downward Knife Hand Strike	Naeryo Sonkal Taerigi
Side Elbow Thrust	Yop Palkup Tulgi

Stances

Vertical Stance	Soojik Sogi
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