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8th Kup Theory

Dan-Gun Tul 21 Moves

Dan Gun is named after the Holy Dan Gun the legendary founder of Korea in the year 2333BC. (21moves)

New Techniques

Knife hand Guarding Block	Sonkal Daebi Makgi
Twin Forearm Block	Sang Palmok Makgi
Knife Hand Strike	Sonkal Tirigi
Side Kick	Yop Chagi

Green

Green signifies the plants growth as Tae Kwon-Do skills begin to develop.