



## LTWS COVID POLICY

*Effective: August 2022*

(It may change without any given notice, depending on situation, new mandates, new guidance, etc)

*\*\*\*There are a lot of different scenarios and situations, and every case is different. When in doubt, please message your director. \*\*\**

### **I. CLASSROOM EXPOSURE (Quarantine rules will also apply to those who have been exposed outside of their household and outside of the classroom)**

#### **What to expect:**

School will send a Brightwheel message as soon as we receive confirmation of a positive test, even if it is just an antigen test. (Better to be safe).

#### ***If the school finds out in the middle of a school day:***

1. We will send a Brightwheel Alert to all families to inform everyone of the exposure.
2. We will ask to pick up their children *if children are experiencing any symptoms*.
3. We will ask each family if they plan to opt out of quarantine.

#### ***If the school finds out after school hours:***

1. We will send a message ASAP, and ask for receipt of the message.
2. We will ask each family if they plan to opt out of quarantine.

#### ***Quarantine:***

Quarantine will now be optional for those who have been exposed at school (as long as it is not a household exposure) and are **NOT** experiencing any symptoms. However, a negative Covid test will be required and must be presented before entering classrooms, for those who have been exposed.

We are requiring children and teachers to test the day after exposure just to catch if anyone else has it, then we will also ask to test on day 5 to monitor everyone. If there are multiple cases, and different days of exposure days, we may ask everyone to test everyday. We will provide the antigen tests, if you need them.

**If your child is exposed and exhibiting symptoms, your child will have to stay out until symptoms have gotten better, no fever for the last 24 hours AND cleared by a doctor plus a negative covid test.**

#### ***Next Steps:***



1. If a child has already tested positive within the last 90 days and is exposed at school, they will not need to take a covid test. However, if they are exhibiting symptoms, we ask that they stay home. Please see our sick policy on page 3.
  2. Your child **DOES NOT** need to quarantine if your child **DOES NOT** have any symptoms. However, we will **NEED** you to do the following:
    - a. Please test your child before coming to school after the exposure notice. If we find out in the middle of the day, you can opt to pick up at the end of day. AND
    - b. Please test your child the day after exposure and also on day 5. \* (If there are multiple cases, and different days of exposure days, we may ask everyone to test everyday.)
- \*At home tests are allowed.
3. If your child is exhibiting symptoms but tests negative, please keep your child home and see IV. sick policy on page 3.
  4. If your child tests positive, please keep your child home and see III. positive test result on page 2.

\*\*Please note, teachers may also need to quarantine so if we do have an outbreak among the teachers, we will have to shorten hours or close. Sorry for the inconvenience.

## II. HOUSEHOLD EXPOSURE

If someone in your household tests positive:

Isolate the person who tests positive immediately, unless it is not feasible.

***If you are able to isolate the person who tests positive immediately:***

1. You can test your child immediately, so if the test is positive, you can already start the quarantine days.
2. Your child will need to quarantine for 5 days after the household exposure, and test daily from day 6 to day 10 every day to be allowed to enter the school from day 6 to day 10. Your child will also need to be symptom free and no fever for the last 24 hours.





If your child is exposed and exhibiting symptoms, your child will have to stay out until symptoms have gotten better or cleared by a doctor plus a negative covid test after the quarantine days.

***If you are not able to isolate your child from the person who tests positive:***

1. We will treat this as if your child is positive. Once the household member (who tested positive) tests negative or after a 10 day quarantine (whichever one comes first), the child can start the 5-day quarantine and can come back to school with a negative antigen test after 5 days and will test daily from day 6 to day 10.

*\*If a child has already tested positive within the last 90 days and is exposed outside of school, they do not need to quarantine unless they are exhibiting symptoms.*

### III. POSITIVE TEST RESULT

***The child may return to care after 10 full days of isolation, if:***

1. Their symptoms have improved or they are asymptomatic, AND
2. They are without a fever for the past 24 hours without use of fever-reducing medications,

*\*Day 0 starts when the child presents symptoms or the day when the child took the covid test that says positive.*

### IV. SICK POLICY

***If your child has ONE of these symptoms, please keep your child home until you get a negative PCR or Antigen test and a doctor's note clearing your child of any other infectious diseases. Unfortunately, COVID-19 is not the only virus that is contagious.***

- Fever of 100.44°F or 38°C or higher
- Cough
- Runny nose that is not clear
- More than 1 diarrhea

*\*Child will be allowed to come back if the PCR or antigen test is negative AND if the child has been fever free for more than 24 hours without the help of fever-reducing medicine.*

***If your child has at least TWO of these symptoms, please keep your child home until you get a negative PCR or antigen test and a doctor's note clearing your child of any other infectious diseases. Unfortunately, COVID-19 is not the only virus that is contagious.***





- Shortness of breath or difficulty breathing
- Chills
- Fatigue
- Muscle pain or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Other signs of new illness that are unrelated to a pre-existing condition (such as seasonal allergies)

*\*As COVID -19 is highly contagious and fast spreading, please be diligent in monitoring children's symptoms.*

***A child who has had covid in the last 90 days should stay home or will be sent home if this symptom is present:***

- Fever of 100.44°F or 38°C or higher

***A child who has had covid in the last 90 days should stay home or will be sent home if two of these symptoms are present:***

- Cough
- Runny nose that is not clear.
- More than 1 diarrhea Shortness of breath or difficulty breathing
- Chills
- Fatigue
- Muscle pain or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Other signs of new illness that are unrelated to a preexisting condition (such as seasonal allergies)

They may return to school once the symptoms have subsided and fever free for more than 24 hours without the help of fever-reducing medicine. If it's one of those regular colds that last long,





a doctor's note will also suffice, as long as they are fever free for more than 24 hours without the help of fever-reducing medicine.

\*There are other contagious viruses out there, aside from COVID-19, thus even if the child is immuned from getting covid for 90 days, we still want to prevent other contagious diseases.

### **Household Sick Policy**

#### ***If your child has not had covid in the last 90 days:***

1. Please keep your child home if a household member (who has not had covid in the last 90 days) has one of these symptoms:
  - Fever of 100.44°F or 38°C or higher
  - Cough
  - Runny nose that is not clear.
  - More than 1 diarrhea
2. Please keep your child home if a household member (who has not had covid in the last 90 days) has two or more of these symptoms:
  - Chills
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle pain or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Other signs of new illness that are unrelated to a preexisting condition (such as seasonal allergies)

*\*Child is allowed back to school if the household member who is sick tests negative for covid.*

#### ***If your child has had covid in the last 90 days:***

1. You can bring your child to school even if there is a household member who is sick, as long as your child does not have any symptoms (outlined in page 3, IV. Sick Policy).

## **V. AIR TRAVEL POLICY**





Regardless of vaccination status, please take a PCR test or an antigen test before coming to school. If you have tested positive within 90 days, you do not need to do anything.

If you are experiencing symptoms please follow the sick policy.

## **VI. PREVENTIVE MEASURES**

### **Drop Off/ Pick-Up**

1. You will be allowed to drop off and pick up inside the classroom if you are masked.
  - a. Cubby areas ONLY.
2. Drop off and pick up will still be on the porch/entryway if you are NOT wearing your mask.
3. Shoes and jackets will be removed and stored in their cubbies.
4. Children's hands will be washed as soon as they come in.
5. Please respect the different comfort levels of everyone at school, in terms of distancing and masking.

### **Mask Policy**

1. Parents who want to drop off and pick up inside the classroom will be required to wear a mask. Parents who stay outside the classroom will not be required to wear a mask.
2. Teachers are required to wear a mask in the classrooms at all times. Teachers can only take their masks off in the break room or outside with proper distancing.\*

\*We know how important facial communication play in children's development, however, at this time, teachers will continue to wear masks. We will re-evaluate in the next couple of months.

\*\*If you would like to have your child wear a mask throughout the day, please notify the teachers at drop off. We will then monitor and encourage the child to wear their mask.

### **Ventilation**

1. We have a HEPA filter air purifier per classroom to help with air ventilation.

### **Outside Times**

1. Outside time will be extended depending on weather conditions.

### **Constant Hand Washing**

1. Being diligent in handwashing at home and in school.





### **Random Testing**

1. Now that the government is starting to provide more at-home tests, it will be great if you are able to test your child at least once a week.
2. We will be providing antigen tests for teachers (who have not had Covid in the last 90 days) to use on their first work day of the week.

\* We will be providing at-home antigen tests if you need them.

## **VII. TEACHERS**

All teachers are required to be fully vaccinated and to wear their masks. We will procure medical-grade masks for teachers to use.

Due to extreme heat, the teachers can opt to take their masks off when they are outside, as long as they are maintaining distance from parents, other teachers, and children.

Please do understand that teachers also get exposed and get sick, even with these preventive measures. There might be times when we will have to limit capacity, shorten hours or close but we hope it does not happen.

## **VIII. TUITION POLICY**

Our tuition system pays for the spot and not for attendance. Unfortunately, there are things that we cannot control (i.e., virus, weather, etc). Please know that we pay our teachers during these times and that all of our major expenses do not change when we are closed. Thank you for your support and understanding.

## **IX. RESOURCES**

### **PCR Testing sites**

1. Solvhealth.com
2. Worksitelabs.com
3. Curative.com
4. [www.kingcounty.gov/covid/sites](http://www.kingcounty.gov/covid/sites)

### **Antigen Tests**

1. <https://special.usps.com/testkits>
2. <https://www.sayyescovidhometest.org/>





3. <https://www.findacovidtest.org/>

4. Let the director know if you are needing any and we will provide them for you.

**Please read, sign, and send page 9 back to Teacher Krisha / Nikki.**

Thank you for supporting a small local family business. We know that this is not easy for anyone and we appreciate that everyone in our community is trying their best to keep our school safe.

We appreciate everyone's patience and understanding as we get through the pandemic together. We are hoping that everyone stays mindful, safe and healthy. We are all in this together. Please let us know if you have any questions or concerns.





## COVID-19 Policies and Procedure Acknowledgement

**Anyone who has a child enrolled in our school must read, sign, agree and follow the policy and procedures to participate in Little Trailblazers programming.**

*I have read and fully understand Little Trailblazers' policy and procedures for Covid-19. I also understand that this document can be changed at any time with or without notice by the director, her designee or the owners of Little Trailblazers. I adhere to all policies stated within.*

*I understand that the safety, health and the well-being of children, families, and staff rely on my due diligence to keep myself and family following Social Distancing rules set by the Governor at any given time.*

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Parent/Guardian Signature Date

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Administrative Signature Date

