



LITTLE TRAILBLAZERS SICK POLICY

Updated: October 2022

I. DAILY HEALTH CHECK

Parents are **required** to sign their kids in through the Bright Wheel app and complete the Health questions provided before entering the classroom. Parents will be required to confirm that their child is well and are able to participate fully in our daily activities.

II. WHEN TO STAY HOME

To Protect the health and safety of children and staff, Please keep your child home if they present TWO or more of the following symptoms (during the time where we have a Covid Case, it will be ONE symptom):

- Fever of 100.44°F or 38°C or higher
- Cough
- Runny nose that is not clear
- More than 1 diarrhea
- Shortness of breath or difficulty breathing
- Chills
- Fatigue
- Muscle pain or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Other signs of new illness that are unrelated to a pre-existing condition (such as seasonal allergies)

If any of these conditions develop or become apparent during care, children will be sent home. Decisions about whether a child is well enough to attend will be made by the Director and Lead Teachers. For the child's comfort and to reduce risk of spread, the child will need to be picked up within 90 minutes after the notification. Until then, the child will be kept comfortable, may be isolated or masked, and will continue to be observed for symptoms.





III. WHEN CAN MY CHILD RETURN?

- Children may return to school once the symptoms have subsided and fever free for more than 24 hours without the help of fever-reducing medicine.
- If it's one of those regular colds that last long, a doctor's note will also suffice, as long as they are fever free for more than 24 hours without the help of fever-reducing medicine.
- Able to participate comfortably in all usual program activities, including outdoor time.
- A medical clearance from a medical provider and/or clearance from the local health department may be required before return. (Cannot be provided by family members, unless the family member is the child's primary medical provider).
 - For all reportable communicable disease, the medical clearance must state that the child is 1) no longer contagious, and 2) well enough to return to group care.
 - For other diseases, rashes, or continuing symptoms, the medical clearance must state that the child is well enough to return to group care.

See table 1. below for specific exclusion and return requirements for various symptoms, conditions, and illnesses. **The child may not return to the program until all requirements are met and applicable clearance is provided.**

TABLE 1.

Symptoms	Exclusion and Return	Medical Clearance Required
Rash w/ fever or behavior changes	Excluded until cleared by a medical provider after determination has been made that the illness is not an infectious disease.	Yes
Skin sores	Excluded until cleared by a medical provider after determination has been made that the illness is not infectious disease and sores have healed or can be appropriately covered.	Yes
Abdominal pain	Excluded if abdominal pain continues for more than 2 hours or if the child is experiencing intermittent pain associated with fever or other signs of symptoms of	Yes





	illness.	
Diarrhea	Excluded until the child has no more than 3 loose stools in the last 72 hours.	No
Diarrhea with blood or mucous	Excluded until cleared by medical provider after determination has been made that the illness is not an infectious disease.	Yes
Vomiting	Excluded and can return when child has not vomited within the last 24 hours.	No
Pink or red conjunctiva with white or yellow eye discharge	Excluded for at least 24 hours after antibiotic treatment has been started if antibiotic has been prescribed.	No
Mouth sores with drooling	Excluded until cleared by medical provider after determination has been made that the illness is not an infectious disease.	Yes
COVID-19 Symptoms	(See COVID-19 Policy)	No
	Exposures	
COVID-19 (SARS CoV-2)	(See COVID-19 Policy)	No
Exposure to other communicable disease	Excluded per local requirements	per local requirements

IV. REPORTING ILLNESS OR COMMUNICABLE DISEASE

As long as the child is enrolled with the program, the Center Director must be notified within 24 hours of any diagnosis of or exposure to a communicable illness, even if the child remains at home.





Sick Policy Parent Acknowledgement Form

Anyone who has a child enrolled in our school must read, sign, agree and follow the policy and procedures to participate in Little Trailblazers programming.

I have read and fully understand Little Trailblazers' sick policy and procedures. I also understand that this document can be changed at any time with or without notice by the director, her designee or the owners of Little Trailblazers. I adhere to all policies stated within.

I understand that the safety, health and the well-being of children, families, and staff rely on my due diligence to keep myself and family following Social Distancing rules set by the Governor at any given time.

Parent/Guardian Signature Date

Administrative Signature Date

