PACKAGES

Separation Anxiety Packages

INITIAL ASSESSMENT – 120\$

Just learning to be left alone, or is your dog struggling and scared? Getting a pair of professional eyes on the matter can help us determine where we go from here. Together we will develop a plan of action before we fully immerse ourselves into the training.

1x fifty-minute Virtual Assessment

- Live execution of an absence, with a trainer documenting time stamped body language details.
- Discussing management and problem-solving suspension of absence before executing training.
- During the session you will be provided detail next steps of what program and training approach would be best suited for your dog and tailored to your needs as an owner.
- Letter for vet can be constructed and provided on request if medical assistance and vet check is necessary prior to initiating the training.

Access to our "My Dog's Separation Anxiety Assessment" course. Prior to sign up you will be sent our "What is Separation Anxiety?" course that we encourage you to complete prior to your assessment. In addition, we will require a google form questionnaire be completed prior to your assessment along with viewing the first module of "My Dog's Separation Anxiety Assessment" – Preparing for an Initial Assessment.

Upon completion of the assessment, you may be encouraged to follow these avenues:

- Your dog didn't show body language indicators that align with Separation Anxiety during the assessment. Your dog could however be struggling with other kinds of training needs (chew training, crate training etc...). Our evaluation could have been insufficient or additional support from your vet may be needed to make a better conclusion of how best to support your dog. We encourage owners to follow-up accordingly and monitor their dog in any case.
- 2. Your dog is showing signs of Separation Anxiety:
 - Consult with a vet (and/or a vet behaviourist)
 - Suspend absences ensuring your dog is always in the company of their owner or a trusted individual.
 - Start training:
 - i. "The Beginning" Separation Anxiety Training Package provides our best support see below
 - ii. DIY option Mission Possible Course, and booking 1-off Consults as needed
 - iii. Not train and just opt to manage.

Please see more about our Terms of Services on our Terms of Services document.

THE BEGINNING - 890\$

4 Week Program – MONTH 1

One-on-One Virtual Consults (weekly basis - same time/day)

- Week 1: 1x fifty-minute initial consult
- Week 2-4: 3x thirty-five-minute reassessments (ea. week)

Access to our "My Dog's Separation Anxiety Training - The Beginning" Course

Between Assessments: 4 personalized missions each week (16 in total)

- o Completed on your own on separate days
- Feedback provided after each mission
- Each mission tailored/personalized from previous mission completed
- Email support between sessions provided

*Consult/Reassessments are completed on consecutive weeks on the predetermined day/time agreed upon at signup. *Consult/Reassessments are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)

TREKKING ALONG TOGETHER - 1200\$ (2 payments of 600\$)

8 Week Program – MONTH 2 & 3 + (until 30 minutes + of alone time is achieved)

One-on-One Virtual Consults (weekly basis - same time/day)

8x thirty-five-minute reassessments (ea. week)

Between Consults: 4 personalized missions each week (32 in total)

- o Completed on your own on separate days
- Feedback provided after each mission
- Each mission tailored/personalized from previous mission completed
- Email support between sessions provided

*Reassessments are completed on consecutive weeks on the predetermined day/time agreed upon at signup. *Reassessments are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)

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FREEDOM FIGHTER - 470\$

4 Week Program – MONTH 4 + (when 30 minutes + of alone time is achieved)

Weekly Group Reassessments - we will have a window of time for our Freedom Fighter packaged members. So, what will happen, you will leave at a specific time, and the ending of your dog's absence will line up with the window of time we are logged into to observe your dog's behaviour. Keeping an eye on things, providing timestamped feedback of your dog's body language, and initiating your return home. This will allow us the ability to see your dog during the critical time of your absence and personalize your missions for the week to come. Sitting out of the boring part where your dog is chilling on their own well.

Access to our "My Dog's Alone.. Now What?" Course

Between Consults: 4 personalized missions each week (16 in total)

- o Completed on your own on separate days
- Feedback provided after each mission
- Each mission tailored/personalized from previous mission completed
- Email support between sessions provided

*Weekly group reassessments are completed on consecutive weeks on the predetermined day agreed upon at signup. Times of your departure will be skewed based on the duration goal we are assessing on that day. It will be determined during the week of training.

*Weekly group reassessments are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)

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ON HOLIDAY - 80\$

Well.. we wish we could do this 24/7, 365 days a year, but we are only human. If we are heading out on vacation, and you want a maintenance plan, we got you covered.

4 personalized MAINTENANCE missions

- o Completed on your own on separate days
- No feedback or email support provided for the week
- o Provided prior to our scheduled time off

*An "ON HOLIDAY" will be determined prior to sign-up of our packages above. You can simply replace one of your weeks in the package with an "ON HOLIDAY" week, or you can just extend your package and squeeze in an "ON HOLIDAY" week.

Fear and Aggression Packages

LET'S BEGIN – 660\$

One-on-One Virtual Consults (weekly basis - same time/day)

- 1x fifty-minute initial consult
- 4x thirty-five-minute homework coach sessions

After Consult and each Homework Coach Sessions: you are provided with a quick summary of the sessions, personalized training plans, actionable homework items list and handouts with supportive videos.

Between Sessions: Email support is provided, and video review of homework video submissions (from your actionable homework items list)

Upon Completion: a single use discount code (10\$ off) for a 35-minute Homework Coach session, access to the Accountability Graduate package up to six months completing this package, and one month of email support.

*Consult/Homework Coach Sessions are completed on consecutive weeks on the predetermined day/time agreed upon at signup. *Consult/Homework Coach Sessions are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)

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HELPFUL HAND – 450\$

One-on-One Virtual Consults (weekly basis – same time/day)

- 1x 50-minute initial consult
- 2x 35-minute homework coach sessions

After Consult and each Homework Coach Sessions: you are provided with a quick summary of the sessions, personalized training plans, actionable homework items list and handouts with supportive videos.

Between Sessions: Email support is provided, and video review of homework video submissions (from your actionable homework items list)

Upon Completion: a single use discount code (10\$ off) for a 35-minute Homework Coach session, access to the Accountability Graduate package up to six months completing this package, and one month of email support.

*Consult/Homework Coach Sessions are completed on consecutive weeks on the predetermined day/time agreed upon at signup. *Consult/Homework Coach Sessions are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)

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PICK OUR BRAIN – 120\$

Need to just pick a trainer's brain! We got you. Sometimes the internet can be really muddy, and you just need a little help steering in the right direction with your pup. We also get, that owning a dog can be financially tough, and signing up for a huge package is maybe just not financially feasible. We got you!

With that said, we do hope to get our membership portal up and running soon enough. SO STAY TUNED!

One-on-One Virtual Consult

1x thirty-five-minute homework coach session

After Consult: you are provided with a quick summary of the session, and handouts with supportive videos.



ACCOUNTABILITY Graduate! - 325\$ - available to graduates of the packages detailed above - up to 6 months after graduation

One-on-One Virtual Consults (weekly basis - same time/day)

- 3x 35-minute homework coach sessions

After Consult and each Homework Coach Sessions: you are provided with a quick summary of the sessions, personalized training plans, actionable homework items list and handouts with supportive videos.

Between Sessions: Email support is provided, and video review of homework video submissions (from your actionable homework items list)

Upon Completion: a single use discount code (10\$ off) for a 35-minute Homework Coach session, and one month of email support.

*Homework Coach Sessions are completed on consecutive weeks on the predetermined day/time agreed upon at signup. *Homework Coach Sessions are not available for rescheduling (unless due to statutory holiday weekends or if a 'ON HOLIDAY' is scheduled (see below) – which will be determined prior to sign-up)