

Colington Yacht Club



Edenton Yacht Club



Osprey Yacht Club



Pasquotank River Yacht Club



Roanoke Island Yacht Club

## ***SAILING INSTRUCTIONS*** ***ASSA Albemarle Sprint, April 26-27, 2025***

### **1. JURISDICTION AND RULES**

The regatta is hosted by the Osprey and Pasquotank River Yacht Clubs under the jurisdiction of the Albemarle Sound Sailing Association and its Race Committee. All races will be sailed in accordance with the ["World Racing Rules of Sailing 2025-2028"](#) and the [US Sailing Association's 25-28 Prescriptions](#) except as modified by these sailing instructions.

### **2. ELIGIBILITY**

The regatta is open to all fixed, ballasted keel, monohull boats with a valid and current PHRF Rating for the race dates. Monohulls with a fixed, ballasted keel and a centerboard that extends from the keel are allowed. There will only be one (1) class for this two day race.

### **3. NOTICES and COMMUNICATION**

The Race Committee will communicate official notices and race results via email and on the ASSA Website at [assanc.com](http://assanc.com). All communications from the Race Committee during the race will be on VHF Channel 72 and/or via the cell phone number for the boat. Execution of penalty turns, withdrawal, protests and emergencies should be reported to the race committee as soon as it is safely possible. Skippers shall pass by the Committee Boat within hailing distance prior to the first warning signal of the first race each day and announce their presence, boat name, and sail number.

### **4. SCHEDULE OF EVENTS**

#### **April 25**

7:00 p.m. Skippers Meeting at the OYC Clubhouse and Dockside Cafe. Dockside will be open for nourishment and libations from 5:00 p.m. until 8:00 p.m., pay as you go. Unpaid registration fees will be collected and Sailing Instructions will be distributed and discussed.

#### **April 26**

7:40 a.m. All skippers are asked to check in with the Committee Boat prior to 7:40 a.m.

7:45 a.m. Radio Check and Time Check

7:54 a.m. First Warning

7:55 a.m. Standard 5 minute start sequence begins at 7:55 for a 8:00 a.m. mass start

6:00 p.m. Cut off time, any boat who has not finished will be scored DNF

5:00 p.m. until? Skippers and Crew are on their own to enjoy the Elizabeth City Waterfront Saturday evening.

#### **April 27**

7:40 a.m. All skippers are asked to check in with the Committee Boat prior to 7:40 a.m.

7:45 a.m. Radio Check and Time Check

7:54 a.m. First Warning

7:55 a.m. Standard 5 minute start sequence begins at 7:55 for a 8:00 a.m. staggered start based on previous day's finish time

6:00 p.m. Cut off time, any boat who has not finished will be scored DNF and Dockside Cafe dinner and drinks on your own

7:00 p.m. Awards

### **5. RACE COURSES**

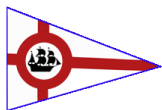
Saturday's race will start in the vicinity of the Yeopim River entrance at the Albemarle Plantation <1nm 180 degrees from the channel entrance. The finish will be near the downtown waterfront, Elizabeth City, East of PR R8 daybeacon in the vicinity of the Old Pelican Marina on the north shore. Sunday's race will start East of PR R8 daybeacon in the vicinity of the Old Pelican Marina on the north shore, and finish in the vicinity of the Yeopim River entrance at the Albemarle Plantation <1nm 180 degrees from the channel entrance. There will be a Committee Boat and pin set at the start and finish each day. [Race Course Descriptions link](#).

### **6. SPECIAL SIGNALS**

- Postponement: 2 horn blasts and VHF (channel 72) announcement will indicate a delay in scheduled time to start.
- The 3 horn blast warning signal will be repeated just prior to resuming the start sequence.
- Shortened Course: VHF announcement and an email and text message will precede a shortening of the course.
- General Recall: 2 horn blasts and VHF announcement. A new starting sequence will be initiated
- Individual Recall: 1 horn blast and VHF hailing of the offending boat(s) indicates one or more yachts have started prematurely. The Race Committee will endeavor to notify each yacht that is over early by hailing via VHF.

### **7. TIME LIMIT**

- The cut off time for all finishers will be 6:00 pm both days.
- Any boat not finishing within the time limit will be scored DNF (fleet + 1)



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## ***SAILING INSTRUCTIONS***

### **8. PROTEST, TURNS PENALTY, RETIREMENT**

Protests must be written and filed with the Protest Committee using the [US Sailing Hearing Request form](#), in addition to all of the following:

1. Display a code flag "B" or its equivalent (red pennant) conspicuously in the rigging at the first reasonable opportunity.
2. Inform the yacht protested as soon as possible by hailing using cupped hands or VHF.
3. File a written protest with the Protest Committee within 30 minutes of the Race Committee's return to the dock, citing the rule infraction with description from the "[World Racing Rules of Sailing 2025-2028](#) and the [US Sailing Association's 25-28 Prescriptions](#) except as modified by these sailing instructions.
4. Attend a Protest Hearing with the Protest Committee at 7 Sounds Brewery in Elizabeth City on Saturday or the OYC Clubhouse at the Albemarle Plantation on Sunday. Protest hearings will begin as close to 5:30 pm as possible or as soon as all parties can assemble.

[From US Sailing Association's 25-28 Prescriptions](#), Rule 44.1, Turns Penalty – Any yacht who recognizes she has infringed a rule of Racing Rules-Part 2 (When Boats Meet) or is protested and thinks she is in error should retire immediately OR avail herself of the alternate turn penalty by carrying out the turns as indicated in Rule 44.1 and by notifying the race committee via VHF.

- Rule 31 Touching a mark = 1 turn penalty, including a tack and a gybe (360°)
- Rule 44.1 When one or more rules from Part 2 are broken in one incident, the penalty shall be a 1 turn penalty, including one tack and one gybe (360°)
- Rule 44.1 When one or more rules from Part 2 are broken in one incident within the "zone" (3 boat lengths) around a mark, the penalty shall be a 2 turns penalty, including two tacks and 2 gybes (720°)
- Retirement – Any yacht retiring from a race after starting for any reason shall inform the Race Committee via VHF or Cell Phone and will be scored DNF.

### **9. SAFETY**

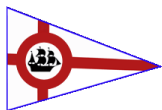
- Each participating yacht must:
  - Comply with all USCG requirements based on vessel size
  - Carry on board a towline suitable for the yacht and an appropriate size anchor.
  - Have a cell phone number registered with the Race Committee
  - Crew should be knowledgeable of and able to execute MOB procedures
  - Allow the ASSA Race Committee to inspect for safety equipment at any time and protest for cause.
  - Racing may be postponed or canceled with sustained winds of 25 knots or more

### **10. POINT SCORING**

- Low Point System scoring will be used (1 point first place, 2 for second and 3 for third, etc) as provided in Appendix A of the racing rules.
- Saturday will be a mass start, ToT scoring using each boat's PHRF rating. Sunday's start will be staggered based on each boat's finish time on Saturday. On Sunday, slower boats will start earlier and faster boats will start later. For example, if A finishes in 6 hr, B finishes in 6 hr, 30 minutes and C finishes in 7 hr, then on Sunday, C will start at 8:00, B will start at 8:30, and A will start at 9:00.
- Codes DNS (came to start area but did not start; score #starters+1; DNC (did not start, did not come to the start area; score #class entries+1); and DNF (started but did not finish; score #boats that started +1); will be used when appropriate.
- Tie break will follow Appendix A, A8, A8.1, and A8.1 in the [World Racing Rules of Sailing 2025-2028](#).

### **11. SPECIAL RULES**

- There will be no restriction on whisker pole length.
- To reduce the advantage that boats with two slotted head foils have over boats without, the following will apply: Boats may fly a single jib attached only at the tack and head, with no hanks to forestay. When changing sails, the new sail may be hoisted before lowering the old sail; however, the new sail must be on the same side as the old sail. Except for the above, a boat may only fly a single headsail unless she is cutter rigged.
- A sail number must be displayed on both sides of the mainsail to be scored. If numbers appear on both the mainsail and the jib, the mainsail number will be used for scoring.
- Electric winches are allowed for boats and crew who can justify the need for successful and safe participation.
- If a skipper is single handed, they are allowed to engage the autopilot temporarily in order to adjust lines, trim sails, and be safe.



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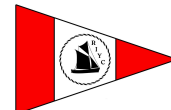
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## SAILING INSTRUCTIONS

### 12. COMMUNICATION WITH RACE COMMITTEE AND REGATTA OFFICIALS

- Communications with the Race Committee Regatta Officials is prohibited beginning with the Warning Signal of the first race and continuing until the awarding of trophies, except for the following:
  - Questions and comments related to yacht identification upon crossing the finish line
  - On course notification of intended protest
  - Notification of withdrawal from a race
  - Requests for emergency assistance
  - Requests for information by the Race Committee for information from a skipper(s) shall be promptly answered.

### 13. OTHER ITEMS OF NOTE...

- Regatta results will be posted via email and on the ASSA Web Site prior to awards. All questions or comments regarding the posted results shall be made to the Race Director.
- Profane or uncivil comments that are directed to or about the Race Committee or Regatta Officials before, during or after a regatta will be subject to disciplinary action by ASSA as provided by Rule 69 of U.S. Sailing.
  - Discipline may include disqualification from the current regatta and denial of participation in other ASSA sponsored regattas.
  - Skippers shall be liable for the conduct of their crew.

Albemarle Sprint Skippers, Boats, and Contact Information

Fname	Lname	Boat Name	Boat Make	PHRF	Phone	Email
Scott	Vickery	KNOT SO FAST	Baltic 39 CB	124	757 618 5986	svickery@tsoarmor.com
ken	attkisson	lift ticket	j boat	135	252-325-0940	kenattkisson@msn.com
David	Fynn	Big Juan	San Juan	141	440-667-2377	dcfynn@gmail.com
Greg	Florence	GWTF	Bristol	156	252-489-1238	gwflorence335@gmail.com
Ethan	Atkinson	KUMBAYA	CAVALIER	156	984-242-9442	ethancarlatkinson@gmail.com
Tim	Askew	Our Time	Catalina	159	252-331-3563	tkaskew12@gmail.com
Louis	Ruggeri	To Many Captains	Hunter	171	757-663-2543	ruggeri.lou@gmail.com
Michael	Burke	Time Machine	Beneteau	186	919-818-7658	michaeljburke86@gmail.com
Taylor	Ward	Never Enough	Hunter 31	192	252-308-3649	tward21653@gmail.com
David	Darley	Felicity	Islander	209	252-455-6083	darleydavid03@gmail.com
Tom	Harrell	Mahogany	Bristol	243	757-721-5593	1camper@live.com
George	Lewis	Sweet Thang	Glander Tavana 33 (Yawl)	270	912-665-3182	George.LewisIII@mac.com