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# Q Can I offer samples of products or a food demonstration at farmers markets?

**Answer:** Yes, just follow a few simple rules.

**Documentation:** OSDH Food Establishments (OAC 310:257)

**Highlights:** Hand sink or hand washing station must be conveniently located, sneeze guards must be present, temperature-controlled is mandatory if necessary for the type of food, individual portion containers must be used.

**Cost:** None

**Credentials:** None, as long as food is not being sold in conjunction with the sample. If food is being sold, a food establishment license must be obtained.

**Link:** [bit.ly/1oauk95](https://bit.ly/1oauk95)

