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Skype's the Limit! Foundation UPDATE

11/29/21

The following is a letter I wrote expressing my gratitude to Neighborhood Ministries (NM) for their partnership with and amazing support for Skype's the Limit Foundation while working full-time with NM. NM has been my place of regular employment since moving to AZ in 2016 and has been a place of warmth, love and growth since Skype's passing. Since our beginnings in 2019, the support from all of you and our partners has been crucial to the flight of Skype's the Limit Foundation. As we enter 2022, we continue to spread our wings and soar the Sky welcoming those who are in need of love and support to join us. The only difference beginning in 2022, is that Skype's the Limit Foundation will be managed full-time where I will be directing and managing the It Takes a Village Grant program in the next two years thanks to the loving partnership with Neighborhood Ministries, Phoenix. Wow! Amazing. What a blessing. We've come a long way and it's only because of all of your support. Thank you!

November 30th is Giving Tuesday and as we approach the year end, I hope you will consider a small donation to further our wing span in saving lives by raising awareness and educating about the importance of Trauma Informed Care, empowering our youth through the arts and kayaking adventures and providing scholarships to support students majoring in nursing. As Skype would say, "Spread your Wings and Fly! The Skype is the Limit!" Thank you!

Much Love and gratitude, Keiko and Skype in Spirit

Dear Kit, Jeremy and the Board at Neighborhood Ministries,

I would like to extend my gratitude for the opportunity that all of you have provided me not only on a personal and family level since I've began working here (I say family because that is how I feel about being a part of Neighborhood Ministries) but through Skype's the Limit Foundation (SLF). Your support and faith in me and with SLF have meant so much to me and I find it amazing and feel so blessed. Since Skype's passing, I am recognizing the many blessings that have come my way and it's an amazing feeling. I love life and my purpose is

to live life and share my grief and love with others. You have given me the platform to be able to do this. I am very grateful to be a part of this family and to receive your support. Thank you very much.

I also wanted to share our accomplishments. Because of your support, we have equipped many people with the knowledge to help others in a compassionate, trauma informed way. It's really about compassion, loving others, faith and giving them the space, yet support, to grow and see their potential and best in themselves. It's about our village, building the relationships to support our community of compassion, love and faith. No one of us can do it alone. As I endeavor in my mission to raise awareness and educate about trauma and provide activities that support the adversities in our lives, I often ask myself "where was Skye's village?" That is the impetus of our grant, It Takes a Village, to work together to reach and equip as many people as possible (the world!) with the knowledge to help others in a compassionate, trauma informed way while also making it accessible and affordable for ALL. Each of you have helped to make this happen. Because of your support with Skye's the Limit Foundation we have made great strides towards building a Village of Compassionate Healers of Life. Thank you.

Accomplishments for FY 2021 of It Takes a Village program in partnership between Skye's the Limit Foundation and Neighborhood Ministries, through the Trauma Informed Substance Abuse Primary Prevention grant under the Arizona Governor's Office of Youth, Faith and Family:

Each program partner offered prevention courses and services through Educational, Alternative and Informational methods that were well received and of great interest to the community.

Our Programming Village:

1) Kaity's Way and Sueños Youth Center provided teen dating violence/abusive relationship prevention courses and presentations. We have reached **51 participants**.

2) Arizona Trauma Institute provided trauma education designed in part to prevent re-traumatization. These educational courses included Certified Trauma Support certifications, "Understanding the Dragon", and "Addiction & Trauma". They also provided the Certified Trauma Organization in-depth, life-long training process in which Neighborhood Ministries is currently undergoing. All together we have supported the training of **323 unique participants**.

3) AZ ACEs Consortium aims to prevent toxic stress and trauma by offering ACEs Train the Trainer certifications. We have supported the training **32 participants** with the tools to garner an **exponential reach beyond 32**.

4) AZ Recovers offered their drug abuse prevention education through the "Too Good For Drugs" and "Trauma-Informed Care for Teens" classes. Between the two trainings we have reached and impacted **144 unique youth participants** who have learned about trauma informed care, substance abuse and recognizing when to seek for help and the importance of providing peer support.

5) Skye's the Limit Foundation provided alternative activities through art, kayaking, group and mindfulness engagements as well as information dissemination activities. The alternative activities provided a safe space for dialogue, growth, and peer / relational support. In partnership with the **Sueños Youth Center of Neighborhood Ministries**, we have engaged a

total of **1033 youth and young adult participants** through the various activities, trainings and information dissemination activities.

6) **We continue to nurture our partnerships and relationships while building new ones – our village.**

It truly takes a Village! Thank you for this great opportunity. I am looking forward to strengthening our partnership and endeavors with Neighborhood Ministries for FY 22 of It Takes a Village.

With much love and gratitude,

Keiko Ratcliffe

Skye's the Limit Foundation, Founder and President

Neighborhood Ministries, It Takes a Village Program Director, Coordinator and Consultant



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