

**March 15, 2026**

**3<sup>rd</sup> Sunday of Great Lent**

**Hebrews 4:14-5:6**

**Mark 8:34-9:1**

**READER SCHEDULE**

Sun. Mar. 15- James Hamer  
Sun. Mar. 22- Gregory Kuzmenchuk  
Sun. Mar.29 - Wesley Hatch  
Sun. Apr. 5- Joseph Yevich

Sun. Mar. 15 Divine Liturgy- CROSS VENERATION-9am-Hours at 8:45am  
Wed. Mar. 18 - Presanctified Liturgy - 6:30pm  
Fri. Mar. 20- Presanctified Liturgy - 9:30am  
Sat. Mar. 21- SOUL SATURDAY- Panahyda for all Departed - 11am  
Sun. Mar. 22 - Divine Liturgy-9am - Hours at 8:45am  
Wed. Mar. 25- Presanctified Liturgy-6:30pm  
Fri. Mar. 27- Presanctified Liturgy-9:30am

**VENERATION OF THE HOLY CROSS**



O Lord, save Your people  
and bless Your inheritance.  
grant victory to the faithful  
over their adversaries.  
And protect Your commonwealth,  
by the power of Your Cross.

**Prayer Corner for the Health of:**

Brenda Euler, Paul Domsohn, Erin Bove, Darrell Kinney, Amber Curry, Michael & Dorothy Panaski, Denise Gavin, John Hendershot, Theresa, Margaret Hendershot, Vonda, Diana, Jay, Alicia Winther, Carl, Carolyn Sullivan, Carl F. Helen Domsohn, Audra Kriston, Betsy Gose, Don T, Elaine, Verdon Taylor Haines, Mariann, Anne Ruczhak, Linda Kozlowski, David Anderson, Minerva Hawa, Rose Dmytryk, Ray Vito, Jenny Elmo, Lillian Maskula, Irene Pashesnik, David Vito, Rose Ugolnik, Marcia Mulvaney, Wayne, Darius, Carol Burke, Michele Ruczhak, Mike Pyszczyuka, Ron & Marge, Christine Haines, Mary Seip, Mary Yevich, MC.Briggs,Dominique,Declan,Vincent, Linda Gindin, Tom Leslie, Sharon Perry, Fr. Anthony, Phillip.

**BIRTHDAYS**

Mar. 17- Watson Joseph Hartshorne

**ANNIVERSARIES**

Mar. 17- Joe & Nancy Domsohn

**MARCH CHARITY**

Ukrainian Orphanages

**PARISH BOARD MEETING**

Tuesday, Mar. 17 - 7pm in the Church Hall

**JOIN US FOR COFFEE HOUR AFTER LITURGY**

**FATHER ROBERT HOLET'S**

**MID-ATLANTIC DEANERY PROJECT**

Donate a Generator (\$1500)  
for Ukraine that Archbishop Daniel  
will bring from Poland to Ukraine end of March!!!  
Power of Hope Project, UOC of the USA  
PO Box 495, South Bound Brook, NJ 08880

1 Year Panahyda for Nancy Foreman  
today after Divine Liturgy

St. Anastasia Sisterhood is collecting donations  
for **EASTER FLOWERS**. Please use your Flower  
Donation Envelopes in your envelope package.  
Thank You and God Bless!!!

**ABOUT FASTING** The Fathers of the Church established the guidelines for Lenten Fasting. The rule of the Church for Lent is to "Strict Fast" - abstaining from meat and dairy products from the First Monday of Lent until Pascha, which includes both Saturdays and Sundays, which are considered a part of Lent. All parishioners are encouraged to partake of this practice as much as they are able. The Fathers of the Church have also put forth that a light and steady rule that is kept is preferable to a difficult one that is soon broken. Since not everyone is able to strict fast for the whole of Lent, one might consider simply fasting from meat. And is that's not possible, fast from meat during the weekdays of Lent. It is suggested that the following fasting discipline be observed as a minimum baseline upon which to build with each passing year: A strict fast from meat and dairy products on the first day of Lent, Good Friday and Holy Saturday and abstinence from meat on Wednesdays and Fridays, and the entire Holy Week. Please speak to me for guidance in determining a fasting regimen that makes sense for you, that challenges you yet is not detrimental to one's physical and spiritual health. The elderly and infirm are not bound by the physical fast. Also, fasting without increased prayer and acts of charity is merely a "diet" and will have no spiritual benefits. Pray, fast and help others and your church community. You will certainly be blessed! A beautiful Lenten Journey to All! Father Nick

**COOKING SESSIONS**

Sun. Mar. 22 - Wrapping Kielbasa after Liturgy  
Sat. Mar. 28 - **SPRING FOOD SALE** - 8am- 1pm

**ANNUAL DUES**

Annual due have increased to \$250 dollars per year. Use white Dues envelope to allow accurate tracking. Use weekly envelopes and include names for **ALL DONATIONS!**

Let's cheer on Brandon Armour and our Holy Ghost Church Basketball Team on Playoff game March 17 at 7:15pm. Free Admission.  
Cornerstone Presbyterian Church Gymnasium at 109 Gypsy Hill Road, Landenberg, PA.

**PRAYER CARDS** of Christ in the Garden of Gethsemane are available on the Tetrapod. Please pray at 9pm every day as a Parish Family!

Father Anthony Ugolnik has gone through serious Brain Surgery early Friday morning. Father Nick and Michael will visit him Sunday at Lancaster Hospital after Divine Liturgy. Please keep him and Pani- Matka/ Presbyteria Elaine in your prayers!!!

**Attendance March 8 - 31**