

March 8, 2026

2nd Sunday of Great Lent

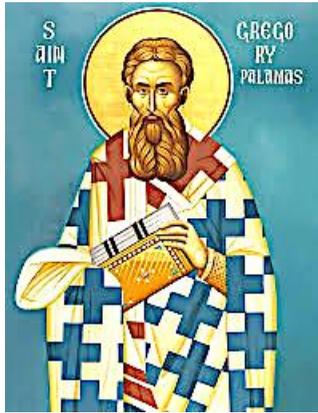
Hebrews 1:10-23

Mark 8:34-9:1

READER SCHEDULE

Sun. Mar. 8- Joseph Yevich
Sun. Mar. 15- James Hamer
Sun. Mar. 22- Gregory Kuzmenchuk
Sun. Mar.29 – Wesley Hatch

Sun. Mar. 8 - Divine Liturgy - 9am - Hours at 8:45am
Wed. Mar. 11- Presanctified Liturgy-6:30pm
Fri. Mar.13 - Presanctified Liturgy-9:30am
Sun. Mar. 15 Divine Liturgy- CROSS VENERATION-9am-Hours at 8:45am
Wed. Mar. 18 - Presanctified Liturgy - 6:30pm
Fri. Mar. 20- Presanctified Liturgy - 9:30am
Sat. Mar. 21- SOUL SATURDAY- Panahyda for all Departed - 11am
Sun. Mar. 22 - Divine Liturgy-9am - Hours at 8:45am



SAINT GREGORY PALAMAS

O luminary of Orthodoxy, support and teacher of the Church, / ideal of monks and invincible champion of theologians, / O wonderworker Gregory, boast of Thessalonika and herald of grace, / always intercede for all of us that our souls may be saved.

Prayer Corner for the Health of:

Brenda Euler, Paul Domsohn, Erin Bove, Darrell Kinney, Amber Curry, Michael & Dorothy Panaski, Denise Gavin, John Hendershot, Theresa, Margaret Hendershot, Vonda, Diana, Jay, Alicia Winther, Carl, Carolyn Sullivan, Kathy S, Elena, Carl F. Helen Domsohn, Maria F. Susan F. Audra Kriston, Betsy Gose, Don T, Elaine, Verdon Taylor Haines, Mariann, Anne Ruczhak, Linda Kozlowski, David Anderson, Minerva Hawa, Rose Dmytryk, Ray Vito, Brandon, Jenny Elmo, Lillian Maskula, Irene Pashesnik, David Vito, Rose Ugolnik, Marcia Mulvaney, Wayne, Darius, Kira Morales, Carol Burke, Michele Ruczhak, Mike Pyszczymuka, Ron & Marge C.Briggs, Dominique, Declan, Vincent, Linda Gindin, Tom Leslie, Sharon Perry, Fr. Anthony

BIRTHDAYS

Mar.8 - Valerie Crescenz
Mar.10 - Helen Domsohn

ANNIVERSARIES

Mar.10 - Darryl & Sharon Perry

MARCH CHARITY

Ukrainian Orphanages

PARISH BOARD MEETING

Tuesday, Mar. 17 - 7pm in the Church Hall

JOIN US FOR COFFEE HOUR AFTER LITURGY

Father Robert Holet Mid-Atlantic Deanery Project

Donate a Generator (\$1500)
for Ukraine that Archbishop Daniel
will bring from Poland to Ukraine!!
Power of Hope Project
UOC of the USA
PO Box 495
South Bound Brook, NJ. 08880

Attendance March 1-36

COOKING SESSIONS

Fri. Mar. 13 - Sauerkraut Prep following Morning
Presanctified Liturgy
Sat. Mar.14 - 8:30am - Sauerkraut Pierogis
Sun. Mar. 22 - Wrapping Kielbasa after Liturgy
SAT. Mar.28- SPRING FOOD SALE- 8am

ANNUAL DUES

Annual due have increased to \$250 dollars per
year. Use white Dues envelope to allow accurate
tracking. Use weekly envelopes and include
names for ALL DONATIONS!

Let's cheer on Brandon Armour and our Holy
Ghost Church sponsored Basketball Team on
March 10 and March 17 at 7:15pm. Free
Admission. Gymnasium at 109 Gypsy Hill Road,
Landenberg, PA.

UOL LENTEN RETREAT

Saturday, March 28 "Taste and See that the Lord
is Good" Focus on Communion and Communion
Prayers. Speakers: Fathers Anthony Perkins and
Roman Marchyshak. Basilian Spirituality Center,
710 Fox Chase Rd, Jenkintown, PA. \$45 Contact
Oleh or Natalie Bilinsky at 610-892-7315

PRAYER CARDS of Christ in the Garden of
Gethsemane are available on the Tetrapod.
Please pray at 9pm every day as a Parish Family!

ABOUT FASTING The Fathers of the Church established the guidelines for Lenten Fasting. The rule of the Church for Lent is to "Strict Fast" - abstaining from meat and dairy products from the First Monday of Lent until Pascha, which includes both Saturdays and Sundays, which are considered a part of Lent. All parishioners are encouraged to partake of this practice as much as they are able. The Fathers of the Church have also put forth that a light and steady rule that is kept is preferable to a difficult one that is soon broken. Since not everyone is able to strict fast for the whole of Lent, one might consider simply fasting from meat. And is that's not possible, fast from meat during the weekdays of Lent. It is suggested that the following fasting discipline be observed as a minimum baseline upon which to build with each passing year: A strict fast from meat and dairy products on the first day of Lent, Good Friday and Holy Saturday and abstinence from meat on Wednesdays and Fridays, and the entire Holy Week. Please speak to me for guidance in determining a fasting regimen that makes sense for you, that challenges you yet is not detrimental to one's physical and spiritual health.

The elderly and infirm are not bound by the physical fast. Also, fasting without increased prayer and acts of charity is merely a "diet" and will have no spiritual benefits. Pray, fast and help others and your church community. You will certainly be blessed! A beautiful Lenten Journey to All! Father Nick