

Zen River Retreat

Spa Services Menu

One-Hour Massage	\$90
One-and-one-half Hour Massage	\$120
Two-Hour Massage	\$160
Multiple Massages* (1 hour)	Each massage \$80
Multiple Massages* (1-1/2 hour)	Each massage \$110
Nirvana Energy Work/Massage Combination (up to 3 hours)	\$180
Hot Stone Massage (1-1/2 hour)	\$150

Add-on Services	Available with above-listed services.	
Body Scrubs**	Exfoliation + hot towels = YUM!	\$50
<input type="checkbox"/> Kona Coffee	What, coffee?! YES! Coffee is an amazing exfoliant and antioxidant!	\$50
<input type="checkbox"/> Detox	A blend of salts and essential oils to support clarifying and release.	\$50
<input type="checkbox"/> Reflection and Retreat	Blended salts and oils combine to support serenity within and without.	\$50
<input type="checkbox"/> Lovin' Feeling	Essential oils and salts combine to elevate the mood and open the heart.	\$50
<input type="checkbox"/> Foot Scrub	A nice finish to your massage with scrub, hot towels, and body butter to love your feet!	\$35

*Due to space limitations, multiple massages are done consecutively.

**Other types of scrubs may be available at time of booking. If you have a particular focus or sensitivities, a blend can be made with those in mind.

Camille Wynn, LMP, began studying massage in the late 1980s, when her work as a doula and birth assistant introduced her to the healing power of massage and energy work. She began to practice Reiki in the late 1980s and this practice and her desire to be of service culminated in becoming a licensed massage practitioner at the Port Townsend School of Massage. Her massage techniques include Swedish, deep tissue with some myofascial release and clinical treatment techniques, as well as spa treatments including hot stone massage and body scrubs. When doing massage, she often incorporates energy work, using an intuitive combination of Reiki, Therapeutic Touch, ThetaHealing, and Pranic Healing.

Jennifer Hilliard, LMP, attended the Port Townsend School of Massage and has taken advanced training in myofascial release, as well as spa treatments. Her modalities range from myofascial release to Swedish/relaxation, body scrubs, hot stone massage to deep tissue, cupping, and treatment-oriented massage. She seamlessly integrates her modalities to support your individual needs.