



ITINERARY
2024

9.28.24

Lineup

<u>TIME</u>	<u>PERFORMER/SPEAKER</u>	<u>LOCATION</u>
All Day	BDG Enterprise (Greg Williams)	Pavilion 5
12:30pm	Dr. David Donohue, M.D.	Pavilion 5
1:30pm	Tony "Big Cat" Smith and BDG Allstars	Pavilion 5
3:00pm	Dr. Angela Davis-Brown, M.D.	Pavilion 5
3:30pm	Zumba & Line Dancing w/Tammy Williams	Pavilion 5
4:00pm	"Let's Beat Breast Cancer Rally"	Top of Hill
4:30pm	Laura and the Cheadle Experience	Pavilion 5

Food Vendors

- **Cheezy Vegan:** Cheezesteak, mac & cheeze, crab cake sandwich
- **Euphia's:** Juices, herbal teas & food
- **Ma Ada's Water Ice:** Water ice, plant based burgers & other healthy food options
- **Masala Kitchen:** Falafal, vegetable puff, samosa, french fries & more
- **Sisters Serving You:** Mac & cheese, sweet potato cheesecake, burgers, fries, chick'n wraps
- **This is a Farmhouse Vegan Cafe:** Grilled cheese, gourmet flights, vegan gyros & more
- **Twin Rolled Ice Cream:** Dairy free rolled ice cream
- **Tokio Sushi Truck:** Vegan sushi rolls

Retailers & Crafters

- **Club Pilates Bear:** Health & wellness
- **Corner Plant Lady:** Houseplants & houseplant accessories
- **Cutco Company:** American-made knives, guaranteed forever
- **Diamond Chiropractic:** Healthcare offering free spinal screenings
- **Gaia:** Crystals, herbs, herbal tea blends, steam blends
- **Ken-Do Spice:** Healing spices
- **Osainista Healing Center:** Assisting those who want to live a life of wellness & longevity
- **Power Home Remodeling:** Specializing in energy efficient windows, roofing & siding
- **RareGlo Organic Shea Products:** Handmade organic shea based skin & hair care
- **Renewal by Andersen:** Window and door replacement services
- **Sneaky Burrito:** Award winning independent and local artist
- **The Lion's Den Candle Company:** Handmade natural organic soy-wax candles



HOSTED BY



Farmer's Market

- **Holsome Habits:** Sea Moss Gel
- **Jamaican Farm Mom:** Organic fruits, herbs, veggies
- **Messiah's Market/Mid-Atlantic Black Coop:** Fresh & organic produce

Non-Profit Organizations

- **Ferrets and Friends Sanctuary:** Animal rescue
- **ISKCON of Baltimore:** Distributing books on yoga & meditation
- **Plant Powered Delaware:** Advocating a healthy, sustainable lifestyle

Live Entertainment

- **BDG Enterprises & Records:** Providing music & live entertainment
- **Tony "Big Cat" Smith & BDG Jazz Allstars:** World renowned jazz ensemble
- **Laura and the Cheadle Experience:** Touring soul singer-songwriter
- **William Penn Garage Band:** Talented group of high school students

Our Speakers

- **Dr. Angela Davis-Brown, M.D.:** Specialist in family medicine; speaking this year on "Being the healthiest you for the rest of your life."
- **Dr. David Donohue, M.D.:** Board certified in lifestyle medicine; speaking this year on "Heart Health." How well will we live our remaining years on this Earth?

Demonstrations

- **Zumba & Line Dancing:** If you're looking for a fun and energizing way to get physically fit, join Tammy and her crew
- **Let's Beat Breast Cancer Rally:** Join us as we "beat the drum" for breast cancer prevention- there will be drum-lines, awesome beats, testimonials, and lots of fun!

Thank you to our sponsors!

