

JULY

MENU



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	
MON		B: Oatmeal L: Chicken Stir fried w/vegetables, pineapple S: Animal crackers	B: Toast sticks L: Turkey and cheese roll-up, veggie sticks, apples S: Goldfish	B: Oatmeal L: Chicken & rice, blackeye peas, pineapple S: Animal Crackers	
TUE	B: Bagel L: Taco, corn, peaches S: Veggie sticks	B: Hashbrowns L: spaghetti, green beans, pears S: Cheez-it's	B: Bagel L: Goulash, Peaches S: Veggie sticks	B: Hashbrowns L: Red beans & rice, pears S: Cheez-it's	
WED	B: Pancakes L: Meatballs, Mash potato, oranges S: Pretzels	B: Cereal L: Beef & rice, peas, apples S: rice cake chips	B: Pancakes L: Fish sticks, fries, oranges S: Pretzels	B: Cereal L: Tot casserole, peas, apples S: rice cake chips	
THU	B: Waffles L: HB/HD, pork-n- beans, potato salad, watermelon S: Grham crackers	B: Muffins L: Fretto pie, bananas S: Nilla wafers	B: Waffles L: chicken spaghetti, watermelon S: Grham crackers	B: Muffins L: Quesadilla, corn, bananas S: Nilla wafers	
FRI	Closed	B: Biscuits L: Pizza, Mix veg. & fruit S: Cookies	B: yogurt L: corn dog, Mix veg. & fruit S: Cookies		