### April Week I Menu

0	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		3/29	3/30	3/31	4/1	4/2
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
٦		Biscuits	• Berries	Seasonal Bread	Granola Bars	Rice Cakes
		• Bananas	Bel Vita Bars	Melon	Strawberries	Raisins
			•			
5	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		<ul> <li>Tuna Poke Bowl w/ Brown Rice</li> <li>Cucumbers</li> <li>Avocado</li> </ul>	<ul> <li>Bean &amp; Cheese Tacos</li> <li>Corn</li> <li>Melon</li> </ul>	<ul> <li>Deconstructed Chicken Eggrolls</li> <li>Cabbage &amp; Carrots</li> <li>Oranges</li> </ul>	<ul> <li>Fried Rice w/ Eggs</li> <li>Peas &amp; Carrots</li> <li>Melon</li> </ul>	<ul> <li>Cheese Ravioli w/ Tomato Sauce</li> <li>Spinach</li> <li>Apples</li> </ul>
	P.M. Snack	<ul><li>Cuties</li><li>Graham</li><li>Crackers</li></ul>	Baby Carrots     with Ranch	<ul><li>Teddy Grahams</li><li>Gogurt</li></ul>	<ul><li>Wheat Thins</li><li>Cream Cheese</li></ul>	<ul><li>Pretzels</li><li>Cucumbers</li></ul>

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk

### April Week 2 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		4/5	4/6	4/7	4/8	4/9
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		Oatmeal	• Granola	Muffins	Fig Bars	• Melon
		Berries	• Raisins	Apples	Strawberries	Whole Wheat Toast
0	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		<ul> <li>Chicken         Protein Bowls         w/ Black Beans         &amp; Brown Rice</li> <li>Corn</li> <li>Blueberries</li> </ul>	<ul> <li>Baked Potatoes         w/ Cheese &amp;         Sour Cream</li> <li>Brocolli</li> <li>Peaches</li> </ul>	<ul> <li>Chicken     Alfredo with     Whole Wheat     Pasta</li> <li>Broccoli</li> <li>Oranges</li> </ul>	<ul> <li>Beef Chili w/ Beans</li> <li>Salad</li> <li>Avocado</li> </ul>	<ul> <li>Green Sauce         Chicken         Enchilada Bake</li> <li>Brown Rice         with Carrots</li> <li>Bananas</li> </ul>
	P.M. Snack	<ul><li>Veggie Straws</li><li>String Cheese</li></ul>	<ul><li>Vanilla Wafers</li><li>Oranges</li></ul>	<ul><li>Cheerios</li><li>Raisins</li></ul>	<ul><li>Yogurt</li><li>Goldfish</li></ul>	Pigs in a     Blanket

- We offer Cereal with milk between 6:30-7:30
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## April Week 3 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
100		4/12	4/13	4/14	4/15	4/16
	Breakfast	<ul><li>Cup of Milk</li><li>Grits</li><li>Strawberries</li></ul>	<ul><li>Cup of Milk</li><li>Fig Bars</li><li>Oranges</li></ul>	<ul><li>Cup of Milk</li><li>Pancakes</li><li>Berries</li></ul>	<ul><li>Cup of Milk</li><li>Frozen Fruit &amp; Yogurt Bark</li></ul>	<ul><li>Cup of Milk</li><li>Raspberries</li><li>Bel Vita Bars</li></ul>
		• Strawberries	• Oranges	• Demes	-	• Del Vila Dais
	Lunch	<ul> <li>Cup of Milk</li> <li>Deli Turkey         Wraps w/         Cream Cheese         on Tortillas</li> <li>Cucumbers</li> <li>Blueberries</li> </ul>	<ul> <li>Cup of Milk</li> <li>Hamburger Chili Mac</li> <li>Green Beans</li> <li>Oranges</li> </ul>	<ul><li>Cup of Milk</li><li>Grilled Cheese</li><li>Baby Carrots</li><li>Apples</li></ul>	<ul> <li>Cup of Milk</li> <li>Chicken Pot Pie w/ Biscuits</li> <li>Mixed Veggies</li> <li>Berries</li> </ul>	<ul> <li>Cup of Milk</li> <li>Spaghetti w/ Beef &amp; Tomato Sauce</li> <li>Green Beans</li> <li>Peaches</li> </ul>
	P.M. Snack	<ul><li> Graham Crackers</li><li> Applesauce</li></ul>	<ul><li>Muffins</li><li>Apples</li></ul>	<ul><li>Sugar Free Jell-O</li><li>Pretzels</li></ul>	<ul><li>Gogurt</li><li>Baby Carrots</li></ul>	WW Waffles w/ Blueberries

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# April Week 4 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		4/19	4/20	4/21	4/22	4/23
٥	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		<ul> <li>Pancakes</li> </ul>	Cottage Cheese	Apple Sauce	• Toast	Granola Bars
		• Berries	• Peaches	<ul><li>Graham</li><li>Crackers</li></ul>	• Gogurt	<ul> <li>Raisins</li> </ul>
)	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		<ul> <li>Teriyaki Chicken with White Rice</li> <li>Broccoli</li> <li>Oranges</li> </ul>	<ul><li>Chicken Quesadillas</li><li>Carrots</li><li>Berries</li></ul>	<ul> <li>Turkey</li> <li>&amp; Cheese</li> <li>Wraps</li> <li>Salad</li> <li>Blueberries</li> </ul>	<ul><li>Tuna Salad</li><li>WW Crackers</li><li>Cucumbers</li><li>Apples</li></ul>	<ul> <li>Wow Butter &amp; Jelly Sandwiches</li> <li>Cucumbers</li> <li>Bananas</li> </ul>
	P.M. Snack	<ul><li>Muffins</li><li>Apples</li></ul>	<ul><li>Tortilla Chips</li><li>Salsa</li></ul>	<ul><li>Rice Cakes</li><li>Soy Butter</li></ul>	Earth Rice     Crispy Treats	<ul> <li>Whole Wheat Crackers</li> </ul>
		Apples	Jaisa	o doy batter	Strawberries	String Cheese

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# April Week 5 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
100		4/26	4/27	4/28	4/29	4/30
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		WW Waffles	Yogurt	• Bagels	• Biscuits	• Berries
		• Berries	• Peaches	Cream Cheese	• Bananas	Bel Vita Bars
5	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
0		<ul><li>Spinach &amp; Cheese</li></ul>	Baked Turkey &     Cheese Sliders	<ul> <li>Sheppard's Pie w/ Beef</li> </ul>	Tuna Poke Bowl     w/ Brown Rice	<ul> <li>Bean &amp; Cheese Tacos</li> </ul>
		Tortellini with Pesto	on Whole Wheat Buns	Mixed Veggies	• Cucumbers	• Corn
		Steamed     Corrects	• Cucumbers	<ul> <li>Peaches</li> </ul>	Avocado	• Melon
		Carrots - Bananas	• Oranges			
	P.M. Snack	• Apples	• Raisins	No Nut Trail Mix	• Cuties	Baby Carrots
		Sun Butter	• Goldfish		Graham     Crackers	with Ranch

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk