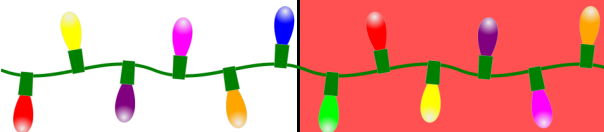

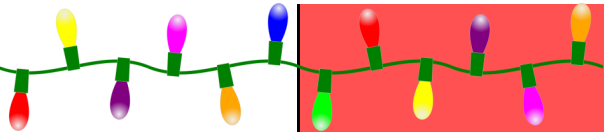


# December Menu Week 1

Meal:	Monday	Tuesday	Wednesday 12/1	Thursday 12/2	Friday 12/3
Breakfast			<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cuties</li> <li>• Rice Cakes</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Bagels</li> <li>• Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Toast w/ Jam</li> </ul>
Lunch				<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cheese Ravioli w/ Tomato Sauce</li> <li>• Spinach</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cheese Quesadillas</li> <li>• Corn</li> <li>• Cuties</li> </ul>
P.M. Snack			<ul style="list-style-type: none"> <li>• Cheerios w/ Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• Teddy Grahams</li> <li>• Cheez-It</li> </ul>	<ul style="list-style-type: none"> <li>• Veggie Straws w/ String Cheese</li> </ul>

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk
  - Fresh fruit options: Apples, Cuties, Berries, Pineapple, & Melon

# December Menu Week 2

<b>Meal:</b>	<b>Monday 12/6</b>	<b>Tuesday 12/7</b>	<b>Wednesday 12/8</b>	<b>Thursday 12/9</b>	<b>Friday 12/10</b>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cuties</li> <li>• Granola Bars</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Berries</li> <li>• Bel Vita Bars</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Applesauce</li> <li>• Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Granola Bars w/ Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Raisins</li> <li>• Granola</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Fried Rice</li> <li>• Peas &amp; Carrots</li> <li>• Berries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Potato Soup</li> <li>• Salad</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Sun Butter &amp; Jelly Sandwiches</li> <li>• Cucumber</li> <li>• Bananas</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Bean &amp; Cheese Tacos</li> <li>• Corn</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Mac &amp; Cheese</li> <li>• Broccoli</li> <li>• Pears</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Wheat Thins</li> <li>• String Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Goldfish &amp; Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• NO NUT TRAIL MIX</li> </ul>	<ul style="list-style-type: none"> <li>• Teddy Grahams</li> <li>• Cheez-It</li> </ul>	<ul style="list-style-type: none"> <li>• Veggies &amp; Ranch</li> </ul>

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk
  - Fresh fruit options: Apples, Cuties, Berries, Pineapple, & Melon


# December Menu Week 3

Meal:	Monday 12/13	Tuesday 12/14	Wednesday 12/15	Thursday 12/16	Friday 12/17
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Berries</li> <li>• Pancakes</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Raisins</li> <li>• Fig Bars</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Berries</li> <li>• Oatmeal</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Nature Valley Bar</li> <li>• Gogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Fresh Fruit</li> <li>• Whole Grain Waffles</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Pot Pie w/ Biscuits</li> <li>• Mixed Veggies</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Tortilla Soup</li> <li>• Carrots</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Deli turkey Wraps w/ Cream Cheese</li> <li>• Cucumbers</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Nuggets</li> <li>• Corn</li> <li>• Mixed Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Spaghetti w/ Beef &amp; Tomato Sauce</li> <li>• Green Beans</li> <li>• Bananas</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Graham Crackers &amp; Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>• Sugar Free Jell-O</li> <li>• Pretzels</li> </ul>	<ul style="list-style-type: none"> <li>• Vanilla Wafers</li> <li>• Cheerios</li> </ul>	<ul style="list-style-type: none"> <li>• Wheat Thins</li> <li>• Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Veggie Straws</li> <li>• String Cheese</li> </ul>

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk
  - Fresh fruit options: Apples, Cuties, Berries, Pineapple, & Melon


# December Menu Week 4

Meal:	Monday 12/20	Tuesday 12/21	Wednesday 12/22	Thursday 12/23	Friday 12/24
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Fig Bars</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Apple Sauce</li> <li>• Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Vanilla Yogurt w/ Cheerios</li> </ul>	<b>CLOSED!</b>	<b>CLOSED!</b>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Deli Turkey &amp; Cubed Cheese</li> <li>• WW Crackers</li> <li>• Bananas</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Grilled Cheese Sandwich on Whole Wheat Bread</li> <li>• Apples</li> <li>• Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Pizza Party</li> <li>• Salad</li> <li>• Cuties</li> </ul>		
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Goldfish</li> <li>• Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• Pretzels</li> <li>• Cheerios</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Crackers</li> <li>• String Cheese</li> </ul>		

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk
  - Fresh fruit options: Apples, Cuties, Berries, Pineapple, & Melon

# December Menu Week 5

Meal:	Monday 12/27	Tuesday 12/28	Wednesday 12/29	Thursday 12/30	Friday 12/31
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Bagel w/ Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Fig Bars w/ Gogurt</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Sausage Biscuits</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Applesauce</li> <li>Muffins</li> </ul>	<b>CLOSED!</b>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>BBQ Meatballs</li> <li>Green beans</li> <li>Apples</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Chicken Noodle Soup</li> <li>Salad</li> <li>Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Baked Turkey &amp; Cheese Sliders on Whole Wheat Buns</li> <li>Cucumbers</li> <li>Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Cup of Milk</li> <li>Beef Chili w/ Beans</li> <li>Corn</li> <li>Melon</li> </ul>	
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>Tortilla Chips w/ Salsa</li> </ul>	<ul style="list-style-type: none"> <li>Chex-Mix</li> </ul>	<ul style="list-style-type: none"> <li>Pirates Booty</li> <li>Raisins</li> </ul>	<ul style="list-style-type: none"> <li>Goldfish</li> <li>Cuties</li> </ul>	

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk
  - Fresh fruit options: Apples, Cuties, Berries, Pineapple, & Melon