



# January 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FIRDAY
			2  Applesauce Chicken Alfredo Broccoli Oranges  Triscuits	3  Yogurt Salisbury Steak Mashed Potatoes Mixed Veggies Fruit cocktail  Fig Bar
6  Waffles Cheese Ravioli Fresh Spinach Fruit Cocktail  Cheez-its	7  Biscuits Chicken Quesadilla Cucumber Salad Apples  Chef's Choice	8  Nutrigrain Bar Turkey/cheese, & Crackers Carrots w/ Ranch Strawberries Graham crackers w/ Soy	9  Yogurt Beef Stew with mixed veggies Oranges  Pretzels	10  Pancakes Deconstructed Eggroll Cabbage and Carrots Apples  Bananas
13  Boiled Egg Corndog Baked beans Blueberries Wheat Thins & Cheese	14  Special K Bar Chicken Patty Sandwich Carrots w/Ranch Melon  Chef's Choice	15  Bel Vita Bites Turkey Sandwiches Cucumbers & Ranch Bananas  Pretzels	16  Cinnamon Toast Meatball Hoagie Peas Fruit Cocktail  Yogurt	17  Banana Bread Chicken fried Rice Oranges  Goldfish/Raisins
20  Biscuits Chicken Noodle Soup Sliced carrots Oranges Triscuit & String Cheese	21  Applesauce Beef Taco Tomato Salad Fruit Cocktail  Chef's Choice	22  Pop tarts Turkey/Cheese Slider Veggie Straws Watermelon  Fig Bar	23  Waffle Sausage with BBQ Sauce Green Beans Blueberries  Cheese Balls	24  Yogurt Sheppard Pie Apples  Pretzels
27  Cream of Wheat Mexican Style Casserole Broccoli Blueberries Animal Crackers	28  Pancakes Pizza Green Beans Apples  Chef's Choice	29  Muffins Sloppy Joes Baked Beans Peaches  Vanilla Wafers	30  Yogurt Chicken Nuggets Mix Veggies Fruit Cocktail  Cheez-its	31  Applesauce Chili with Crackers Corn Strawberries Graham crackers w/ Soy