

# March Week 1 Menu

Meal:	Monday 3/1	Tuesday 3/2	Wednesday 3/3	Thursday 3/4	Friday 3/5
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Strawberries</li> <li>• Granola Bars</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Rice Cakes</li> <li>• Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Apples</li> <li>• Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• French Toast</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Oatmeal</li> <li>• Strawberries</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Fried Rice w/ Eggs</li> <li>• Peas &amp; Carrots</li> <li>• Melon</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cheese Ravioli w/ Tomato Sauce</li> <li>• Spinach</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Alfredo with Whole Wheat Pasta</li> <li>• Broccoli</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Beef Chili w/ Beans</li> <li>• Salad</li> <li>• Avocado</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Green Sauce Chicken Enchilada Bake</li> <li>• Brown Rice with Carrots</li> <li>• Oranges</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Wheat Thins</li> <li>• Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Pretzels</li> <li>• Cucumbers</li> </ul>	<ul style="list-style-type: none"> <li>• Cheerios</li> <li>• Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Goldfish</li> </ul>	<ul style="list-style-type: none"> <li>• Fig Bars</li> <li>• Applesauce</li> </ul>

**Reminder:**

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk

# March Week 2 Menu

Meal:	Monday 3/8	Tuesday 3/9	Wednesday 3/10	Thursday 3/11	Friday 3/12
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Whole Wheat Toast</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Granola</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• SF Rice Pudding</li> <li>• Raisins</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• WW Waffles</li> <li>• Strawberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Muffins</li> <li>• Melon</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Protein Bowls w/ Black Beans &amp; Brown Rice</li> <li>• Corn</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Potato &amp; Cheese Soup w/ Whole Wheat Roll</li> <li>• Salad</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Black Bean &amp; Cheese Quesadillas</li> <li>• Cucumber Salad</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Sheppard's Pie w/ Beef</li> <li>• Mixed Veggies</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Spaghetti with Ground Beef &amp; Tomato Sauce</li> <li>• Cucumbers</li> <li>• Bananas</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Gold Fish</li> <li>• Cuties</li> </ul>	<ul style="list-style-type: none"> <li>• Pretzels</li> <li>• Hummus</li> </ul>	<ul style="list-style-type: none"> <li>• Animal Crackers</li> <li>• Bananas</li> </ul>	<ul style="list-style-type: none"> <li>• Celery</li> <li>• Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Cheez-its</li> <li>• Applesauce</li> </ul>

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# March Week 3 Menu

Meal:	Monday 3/15	Tuesday 3/16	Wednesday 3/17	Thursday 3/18	Friday 3/19
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Grits</li> <li>• Strawberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Fig Bars</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Leprechaun Pancakes</li> <li>• Green Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Whole Grain Waffles</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Banana Oat Muffins</li> <li>• Raspberries</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Deli Turkey Wraps w/ Cream Cheese on Tortillas</li> <li>• Cucumbers</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cheddar Broccoli Soup w/ Rice</li> <li>• Salad</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Grilled Cheese</li> <li>• Green Tomato Soup</li> <li>• Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Pot Pie w/ Biscuits</li> <li>• Mixed Veggies</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Spaghetti w/ Beef &amp; Tomato Sauce</li> <li>• Green Beans</li> <li>• Bananas</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Graham Crackers</li> <li>• Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>• Muffins</li> <li>• Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Sugar Free Lime Jell-O</li> <li>• Pretzels</li> </ul>	<ul style="list-style-type: none"> <li>• Gogurt</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Frozen Yogurt Bark</li> <li>• String Cheese</li> </ul>

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# March Week 4 Menu

Meal:	Monday 3/22	Tuesday 3/23	Wednesday 3/24	Thursday 3/25	Friday 3/26
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Pancakes</li> <li>• Berries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cottage Cheese</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Apple Sauce</li> <li>• Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Bagels</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Muffins</li> <li>• Raisins</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Quinoa Bowl w/ Black Beans &amp; Diced Tomatoes</li> <li>• Cucumbers</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Grilled Cheese Sandwich on Whole Wheat Bread</li> <li>• Baked Apples</li> <li>• Steamed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Chicken Noodle Soup w/ Egg Noodles</li> <li>• Salad</li> <li>• Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Baked Turkey &amp; Cheese Sliders on Whole Wheat Buns</li> <li>• Cucumbers</li> <li>• Peaches</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Roasted Potatoes w/ Baked Chicken &amp; Brown Rice</li> <li>• Oranges</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Tortilla Chips</li> <li>• Salsa</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Cookies</li> <li>• Cheese Cubes</li> </ul>	<ul style="list-style-type: none"> <li>• Rice Cakes</li> <li>• Soy Butter</li> </ul>	<ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Goldfish</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Crackers</li> <li>• Apples</li> </ul>

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# March Week 5 Menu

Meal:	Monday 3/29	Tuesday 3/30	Wednesday 3/31	Thursday 4/1	Friday 4/2
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Seasonal Bread</li> <li>• Bananas</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Berries</li> <li>• Bel Vita Bars</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Biscuits</li> <li>• Melon</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Granola Bars</li> <li>• Strawberries</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Rice Cakes</li> <li>• Raisins</li> </ul>
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Tuna Poke Bowl w/ Brown Rice</li> <li>• Cucumbers</li> <li>• Avocado</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Bean &amp; Cheese Tacos</li> <li>• Corn</li> <li>• Melon</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Deconstructed Chicken Eggrolls</li> <li>• Cabbage &amp; Carrots</li> <li>• Oranges</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Fried Rice w/ Eggs</li> <li>• Peas &amp; Carrots</li> <li>• Melon</li> </ul>	<ul style="list-style-type: none"> <li>• Cup of Milk</li> <li>• Cheese Ravioli w/ Tomato Sauce</li> <li>• Spinach</li> <li>• Apples</li> </ul>
<b>P.M. Snack</b>	<ul style="list-style-type: none"> <li>• Soy Butter Cheerio Bites</li> <li>• Cuties</li> </ul>	<ul style="list-style-type: none"> <li>• Baby Carrots with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Teddy Grahams</li> <li>• Gogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Wheat Thins</li> <li>• Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Pretzels</li> <li>• Cucumbers</li> </ul>

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