May Week 1 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
N.		5/3	5/4	5/5	5/6	5/7
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		BiscuitsBananas	Bel Vita BarsStrawberries	YogurtPeaches	 Granola Bars Cuties	SF Rice PuddingRaisins
	Lunch	 Cup of Milk Deconstructed Chicken Eggrolls Cabbage & Carrots Oranges 	 Cup of Milk Bean & Cheese Tacos Corn Pineapple 	 Cup of Milk Tuna Poke Bowl w/ Brown Rice Cucumbers Avocado 	 Cup of Milk Fried Rice w/ Eggs Peas & Carrots Melon 	 Cup of Milk Cheese Ravioli w/ Tomato Sauce Spinach Apples
	P.M. Snack	PretzelsCucumbers	Baby Carrots with Ranch	Teddy GrahamsApple Sauce	Wheat ThinsCream Cheese	CutiesGrahamCrackers

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk

y Week 2 Meny

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		5/10	5/11	5/12	5/13	5/14
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		Oatmeal	• Granola	• Bagels	Fig Bars	Whole Wheat
		Mixed Berries	• Raisins	Cream Cheese	Strawberries	Toast
						Melon
0	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		 Chicken Protein Bowls w/ Black Beans & Brown Rice Corn Peaches 	 Baked Turkey & Cheese Sliders on Whole Wheat Buns Cucumbers Oranges 	 Chicken Alfredo with Whole Wheat Pasta Broccoli Oranges 	Beef Chili w/ BeansSaladAvocado	 Green Sauce Chicken Enchilada Bake Brown Rice with Carrots Bananas
	P.M. Snack	Veggie StrawsString Cheese	Vanilla WafersSun Butter	ApplesPretzels	YogurtGoldfish	No Nut Trail Mix

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk

May Week 3 Menu

	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		5/17	5/18	5/19	5/20	5/21
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		• Grits	Fig Bars	 Pancakes 	Rice Cakes	 Raspberries
		• Strawberries	• Oranges	• Berries	• Raisins	Bel Vita Bars
)	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		 Deli Turkey Wraps w/ Cream Cheese on Tortillas Cucumbers Blueberries 	Hamburger Chili MacGreen BeansPeaches	 Grilled Cheese Baby Carrots Apples	 Chicken Pot Pie w/ Biscuits Mixed Veggies Berries 	 Spaghetti w/ Beef & Tomato Sauce Green Beans Peaches
	P.M. Snack	 Graham Crackers Applesauce	Frozen Fruit & Yogurt Bark	Sugar Free Jell-OPretzels	Baby Carrots & Ranch	Natures ValleyBarGogurt

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk

May Week 4 Menu

C	Meal:	Monday	Tuesday	Wednesday	Thursday	Friday
		5/24	5/25	5/26	5/27	5/28
	Breakfast	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		WW Waffles	Apple Sauce	Cottage Cheese	• Toast	Granola Bars
		• Berries	Graham Crackers	• Peaches	• Oranges	• Raisins
)	Lunch	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk	Cup of Milk
		 Teriyaki Chicken with White Rice Broccoli Oranges 	 Turkey & Cheese Wraps Salad Blueberries 	Chicken QuesadillasCornMelon	Tuna SaladWW CrackersCucumbersApples	 Spinach & Cheese Tortellini with Pesto Steamed Carrots Bananas
	P.M. Snack	PretzelsApples	Tortilla ChipsSalsa	Wheat ThinsCream Cheese	CutiesGrahamCrackers	Whole Wheat CrackersString Cheese

- We offer Cereal with milk between 6:30-7:30
- If your child is 12months-18 months they will be offered Whole Milk; If your child is 18 months or older they will be offered 1% Milk