



April

MENU



MONDAY

04/01

B: Milk, Cinnamon toast and strawberries
L: Milk, Chicken alfredo w/ WW pasta, broccoli and pasta
PM snack: String cheese and animal crackers

TUESDAY

04/02

B: Milk, rice cakes and raisins
L: Milk, cheese ravioli w/ tomato sauce, green beans and apples.
PM snack: Pretzels & cucumbers

WEDNESDAY

04/03

B: Milk, Oatmeal and apples
L: Milk, Beef chili with beans, salad and oranges
PM snack: Cheerios and raisins

THURSDAY

04/04

B: Milk, French toast & blueberries
L: Milk, cheese pizza, carrots & bananas
PM snack: Yogurt and goldfish

FRIDAY

04/05

B: Milk, WW toast & oranges
L: Milk, mac n cheese, corn & blueberries
PM snack: Goldfish and raisins

WEEK 1

04/08

B: Milk, granola bars & bananas
L: Milk, turkey & cheese sliders, green beans & blueberries
PM snack: Veggie straws

04/09

B: Milk, rice pudding & raisins
L: Milk, bean & cheese quesadillas, cucumbers & tomatoes
PM snack: Animal crackers & string cheese

04/10

B: Milk, WW waffles & strawberries,
L: Milk, Sheppard's pie w/ beef, mixed veggies & oranges
PM snack: Crackers & cream cheese

04/11

B: Milk, muffins & apples
L: Milk, beef stew w/ potatoes, mixed veggies & peaches
PM snack: Cheese crackers

04/12

B: Milk, malt o meal and strawberries
L: Milk, deli turkey wraps w cream cheese, cucumbers & blueberries
PM snack: Graham crackers & applesauce

WEEK 2

04/15

B: Milk, muffins & grapefruit
L: Milk, spaghetti w beef & tomato sauce, green beans & oranges
PM snack: Wheat thins & oranges.

04/16

B: Milk, fig bars and berries
L: Milk, deconstructed eggrolls, carrots and apples
PM snack: Cheerios and string cheese

04/17

B: Milk, WW waffles & blueberries
L: Milk, sun butter & jelly sandwiches, salad & peaches
PM snack: Gogurt and goldfish

04/18

B: Milk, oatmeal & berries
L: Milk, Sheppard's pie w mashed potatoes, mixed veggies & apples
PM snack: Fruit loops & SF pudding

04/19

B: Milk, WW toast & melon
L: Milk, green sauce chicken enchilada, brown rice & bananas
PM snack: Pigs in a blanket

WEEK 3

04/22

B: Milk, biscuits & bananas
L: Cheese pizza w/ oranges and salad
PM snack: muffins & oranges

04/23

B: Milk, Belvita bars & berries
L: Milk, bean & cheese tacos, corn & melon
PM snack: muffins & oranges

04/24

B: Milk, seasonal bread & melon
L: Milk, deconstructed egg rolls, carrot & oranges
PM snack: Teddy grahams & gogurt

04/25

B: Milk, granola bars & strawberries
L: Milk, fried rice w chicken, peas & melon
PM snack: Wheat thins and cream cheese

04/26

B: Milk, rice cakes & raisins
L: Milk, cheese raviolo w/ tomatoes sauce, salad & apples
PM snack: pretzels & cucumbers

WEEK 4

04/29

B: Milk, oatmeal & berries
L: Milk, chicken protein bowls, corn & blueberries
PM snack: Veggie straws & string cheese

04/30

B: Milk, granola bars & raisins
L: Milk, Baked potatoes w/ cheese, broccoli & peaches
PM snack: Vanilla wafers and oranges

WEEK 5