



# SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FIRDAY
2 	3 Applesauce Beef Taco Tomato Salad Fruit Cocktail Fig Bar	4 Pop tarts Turkey/Cheese Wraps Veggie Straws Watermelon Chef's Choice	5 Waffle Sausage with BBQ Sauce Green Beans Blueberries Cheese Balls	6 Yogurt Sheppard Pie Apples Pretzels
9 Cream of Wheat Chicken & Rice Broccoli Blueberries Animal Crackers	10 Pancakes Pizza Corn Apples Chef's Choice	11 Muffins Sloppy Joes Baked Beans Peaches Vanilla Wafers	12 Yogurt Chicken Nuggets Mix Veggies Fruit Cocktail Cheez-its	13 Applesauce Tuna Mac & Cheese Green Beans Strawberries Graham crackers w/ Soy
16 Oatmeal Spaghetti Salad Apples Teddy Grahams	17 Biscuits Bean Burritos Corn Oranges Chef's Choice	18 Pop tarts Fish Sticks Tomato/Cucumber Salad Peaches Goldfish/raisins	19 Applesauce Chicken Alfredo Broccoli Oranges Triscuits	20 Yogurt Salisbury Steak Mashed Potatoes Mixed Veggies Fruit cocktail Fig Bar
23 Waffles Cheese Ravioli Fresh Spinach Fruit Cocktail Cheez-its	24 Biscuits Chicken Quesadilla Cucumber Salad Apples Chef's Choice	25 Nutrigrain Bar Turkey/cheese, & Crackers Carrots w/ Ranch Strawberries Graham crackers w/ Soy	26 Yogurt Beef Stew with mixed veggies Oranges Pretzels	27 Pancakes Teriyaki Chicken Green Beans Apples Bananas
30 Boiled Egg Corndog Baked beans Blueberries Wheat Thins & Cheese				