



Niagara Hot Tub Rules/Guidelines 2024-25

- 1.No body contact.**
- 2.No slap-shots. (No fake shots) Stick must be below the knee.**
- 3.Three minor penalties in 1 game = game suspension.**

i.e. If they occur during the first 2 periods, then remainder of that game.
If 3rd occurs in 3rd period, then next game also.
- 4.Fighting = game suspension and executive review.**
- 5.Three game suspensions in one year = suspension for remainder of year and executive review.**
- 6.Verbal abuse of referee = minor penalty or 10 minute misconduct.**
- 7.Having stick above the shoulders when attempting to make contact with the puck = a minor penalty, whether or not contact is made with the puck.**
- 8.Minimum half-shield visor is required for all players. (Reserve players also.)**
- 9.When a penalty is called on your team, the face-off will be in your end regardless where the penalty occurred.**
- 10.In the last 5 minutes of the game, player changes are only allowed on the fly. Pulling the goalie can be done at any time.**

Tie-Breaker Information

Regular Season

- 1. 3 teams tied, head to head points; if still tied best +/- of regular season; if 2 teams are still tied, see below:**
- 2. 2 teams tied, head to head points; if still tied best +/- of regular season; if still tied flip a coin.**

Playoff Season

- 1. 3 teams tied, head to head points; if still tied best +/- of playoff season; if 2 teams are still tied, see below:**
- 2. 2 teams tied, head to head points; if still tied best +/- of playoff season, if still tied regular season standings for placement.**

Friendship, Consolation & Championship Game Rules

- 1. The last 2 minutes of the game will be stop time and player changes will be permitted at whistled down situations.**
- 2. If there is a tie after regulation, teams will play 4 on 4 for 5 minutes.**
- 3. If still tied, then teams will play 3 on 3 until a goal is scored.**
- 4. During the overtime periods, player changes will be permitted on the fly and at whistled down situations.**