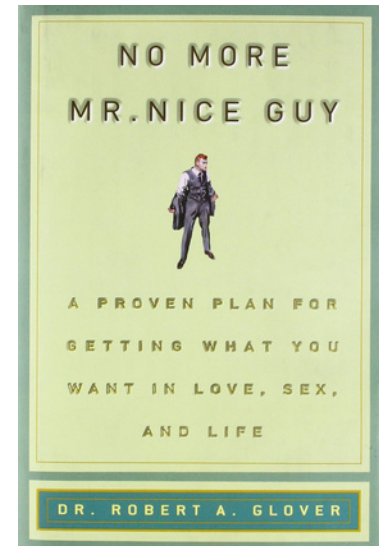


# Men Doing Scary Shit



No More Mr. Nice Guy  
Men's Support Group

200+ members

## WHO

Men interested in getting and giving support as we take on the challenges of life. *Members are from all walks of life: CEOs, Therapists, VPs of Sales, Servers, Students, Engineers, etc.*

## WHAT

Peer support group based off the work by Dr. Robert Glover and his books "No More Mr. Nice Guy" and "Dating Essentials for Men." *Prior reading of the books is not required.*

## WHY

Themes of the books: **anxiety, isolation, lack of deep male friendships, unmet needs, resentments, lackluster dating/love life, codependency, enmeshed family systems.** *Regardless of what you are hoping to 'work on,' this group offers the possibility of being around men oriented towards positive growth for themselves and the people in their lives.*

## WHEN & WHERE

<b>Sunday</b> 6:30pm	<b>Tuesday</b> 6:00pm	<b>Thursday</b> 5:30pm	<b>Saturday</b> 4:00pm
Uptown Phoenix	Downtown Phoenix	Uptown Phoenix	Chandler/Tempe

## HOW



### QUESTIONS

phxnmmng@gmail.com

669 223 8550

[www.meetup.com/PHX-NMMNG](http://www.meetup.com/PHX-NMMNG)